



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-308 A/B, West

Wednesday, February 13, 2019
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Gary Ambrose
2. Opening Remarks, Introductions, and Announcements
3. Approval of the January 9, 2019 Committee Meeting Minutes
4. Associate Member Reports, Updates, and Concerns
5. Matters of the Public
6. Presentation
 - Staff
7. Staff Reports
8. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: January 9, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Chair, Suzette Kern and CSB Board Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Daria Akers; and CSB Board Member Adrienne Walters

Associate Members Present: Terry Atkinson, Gartlan Advisory Board; Lauren Goldschmidt, ServiceSource; Lauren Padgett, PRS, Inc.; Joe Pettit and Bill Taylor, Concerned Fairfax; Lisa Jackson-Wardlaw, Community Residences

Staff: Lucy Caldwell, Communications Director; Marissa Farina-Morse, Service Director, Diversion First; Evan Jones, Director Employment and Day; Abbey May, Service Director Emergency and Acute Services; Jean Post, Northern Virginia Regional Projects Office; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s): Lisa Potter, Director Office of Strategy Management

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:03 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Meeting Minutes	Draft minutes of the December 5, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and Concerns	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> • Bill Taylor reported recent collaborative efforts with the Affordable Housing Resources Panel confirming they have a goal of dramatically increasing available affordable housing over the next 10 years. The need to advocate for the housing needs of citizens receiving CSB services was highlighted, remarking that they are typically at the lowest end of the income scale. • Lisa Jackson-Wardlaw reported recently visiting the Merrifield Crisis Response Center (MCRC) and Fairfax CSB Emergency Services to present information on their CARE Crisis Stabilization Unit programming, reporting that the program at Community Residences was currently full, confirming 	Associate Members	

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	<p>they are 95% staffed. It was further reported that they would be advertising for a peer support specialist within the next month.</p> <ul style="list-style-type: none"> • Lauren Padgett reported two recent events at the Fairfax Recovery Academy including an Open House attended by CSB staff and directors as well as other referral sources where clients provided some personal testimony and provided a client-prepared dinner. The second event, Registration Week, and was attended by volunteers who presented recovery and social skills. • Lauren Goldschmidt, provided an update to recent ServiceSource activities including <ul style="list-style-type: none"> ○ ServiceSource, in partnership with Department of Rehabilitative Services, (DARS) is launching Day Support services in South Springfield in an effort to with centralize programs. ○ Pre-Planned Transition Services “Finding Your Futures” is a program for High School students with disabilities in anticipation of graduation. Currently provided in Prince William, Fairfax, and Arlington Counties, as well as the City of Alexandria, expansion of the program is planned for February 2019 in Oakton, Herndon, and Alexandria. Additional programming anticipated to be available soon, is 1:1 on the job training for work-based learning experiences. ○ A recently awarded Virginia Department of Social Services (VDSS) grant provides funding for individuals who have Temporary Assistance for Needy Families (TANF) or are TANF eligible. TANF is for families considered low income and have at least one dependent child, and provides employment and internship services. More information will be provided as it becomes available. 		
Matters of the Public	None were presented		
Matters of the Committee	Suzette Kern provided a reminder of the planned CSB Board Ad Hoc Partner Feedback Committee, encouraging attendees to indicate preferred dates among those offered. Ms. Kern emphasized that no CSB staff or Board Members would attend, noting the session is planned for two hours and is preceded with a continental breakfast.		
Staff Presentation:	<p>Distributing an Annual Report summary, Lisa Potter, Abbey May, and Marissa Farina-Morse provided additional information, some highlights of which included:</p> <p>Lisa Potter provided a brief overview of the background of the Diversion First program</p>	Lisa Potter, Marissa Farina-Morse, and Abbey May	

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<p>Diversion First Update</p>	<ul style="list-style-type: none"> • Acknowledging the substantial increase in Stakeholder meeting attendance, Ms. Potter encouraged attendance at the next Diversion First Stakeholder’s meeting on Monday, January 28 at 7:00 p.m. at the Government Center, Room 2 & 3, highlighting the value of community and stakeholder input. • Recognizing the continued involvement of Fairfax County Judges in Diversion First efforts, it was emphasized that their involvement has proved key to the success of the program, emphasizing their contributions to the development of several specialty dockets, noting additional information will be provided later in the presentation. • Reporting that Fairfax follows the Sequential Intercept Model (SIM), Ms. Potter noted that the initial SIM map was developed in 2011. Acknowledging the tremendous changes since the initial map was developed, plans are underway to update the map to better reflect current efforts and accomplishments in Fairfax County. • Attendees were encouraged to view the Diversion First website, noting abundant information is available, including previous reports and meeting information. <p>Abbey May provided an overview of Emergency Services and activities at the MCRC (Merrifield Crisis Response Center) over the past year, including:</p> <ul style="list-style-type: none"> • Increased law enforcement coverage to 24/7 and the addition of more CIT (Crisis Intervention Team) training classes are credited as key to the increase in individuals served at the MCRC and in Emergency Custody Orders (ECOs) processed. • Two new initiatives have been launched: <ul style="list-style-type: none"> ○ A co-responder model pilot was launched in November 2018. The Crisis Response Team (CRT) is a partnership of multiple services including the CSB, Law Enforcement, and Fire & Rescue that identify and address ‘super-utilizers’ of public safety services (911). Proactive outreach instead of crisis response is applied, with a goal of engaging the individual with services. Data is being collected and will be provided in future updates once available. Noting collaboration of services is key to the success of this model, recent efforts include outreach with Inova (emergency room) to identify super-utilizers who may be bypassing public safety contact, reaching out directly to the emergency room for services, resulting in an overlap of resources. Currently operating one-day per week, there is a goal of expanding operations to 5-days per week in Summer 2019. ○ Efforts to implement Medical Clearance at the MCRC, alleviating the need to transport individuals eligible for Diversion First services to an alternate location, are ongoing. Recent 		

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	<p>collaborative efforts with Inova have slowed. However, it was noted that staffing efforts with Inova are continuing. It was further noted that this program may launch as early as Spring 2019.</p> <p>Marissa Farina-Morse reported on significant accomplishments with jail-based services.</p> <ul style="list-style-type: none"> • Noting the active involvement of the CSB, Ms. Farina-Morse provided an update of several specialty courts, including: <ul style="list-style-type: none"> ○ <i>Drug Court</i>; launched in November 2018 in collaboration with the Circuit Court. Designed with an annual capacity of 25 individuals, eligible individuals have received a felony probation violation charge related to substance use and are required to sign a contract agreeing to participate in mandatory drug treatment as ordered by the court. Participants include CSB Drug Court Coordinator, Probation staff, Commonwealth Attorney, Public Defender, Judge. ○ <i>Supervised Release Docket</i>, launched in August 2018, pre-trial services officers determine eligibility. CSB staff attend to offer timely treatment information and a clinical context to the proceedings as needed. Participants include CSB staff with Jail Based and Jail Diversion services including a Peer Support Specialist. ○ <i>Mental Health Docket</i>; pending submission to the State Supreme Court. Individuals appearing on this docket will also be required to sign a contract agreeing to participate in court-identified treatment. ○ <i>Veteran’s Treatment Docket</i>; already established and currently serving 14 individuals with four pending, there is a capacity of 25. The Juvenile Domestic Relations Court recently submitted an application to participate with this docket that is anticipated to increase participation to capacity soon. • Updates to the ADC (Adult Detention Center) included the following: <ul style="list-style-type: none"> ○ In partnership with the Sheriff’s Office, the Addiction Recovery Unit was launched November 1, 2018. This is a peer-led therapeutic community model that is currently serving 10 males. Some drop-in clinical support is provided by CSB jail-based staff. ○ GMU (George Mason University), District #29 Probation and Parole, and the CSB have entered the initial planning phases of a collaboration that will align a Peer Navigator to work with individuals on probation through linking them to community resources. George Mason has already begun this collaboration in Prince William County. 		

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	<ul style="list-style-type: none"> • The CSB and the Northern Virginia Mental Health Institute (NVMHI) entered into a pilot program In the Summer of 2018 providing psychiatric hospital beds to incarcerated individuals in an effort to avoid the very lengthy transport from the ADC to either Western or Central State Hospitals. • Monthly Mental Health First Aid training is now being offered to inmates at the ADC. • Super Utilizer Telephone Screening: <ul style="list-style-type: none"> ○ Super Utilizers of Jail Based services, Emergency Services, and ECOs/TDOs (Emergency Custody Orders/Temporary Detention Orders) are identified through data collection, following which, their Primary Case Manger is notified. ○ Recognizing the challenge in attending face-to-face meetings in a large County, a Super Utilizer telephone staffing process was established in February 2018 to provide an alternate opportunity for staff in the involved areas to collaborate and develop ideas and solutions to assist the identified individuals. <p>Lisa Potter summarized the presentation noted the many initiatives and pilots implemented and developed since launching Diversion First. It was reported that a primary focus for Diversion First in 2019 will be on re-entry further noting the first step is the collaboration with GMU and Probation discussed earlier.</p>		
Staff Reports	<p>Lyn Tomlinson provided highlights of recent activities, including:</p> <ul style="list-style-type: none"> • Significant hiring includes: <ul style="list-style-type: none"> ○ Eileen Bryceland; Director, Behavioral Health Outpatient ○ Michael T. Lane; Director, Individual and Family Affairs, effective February 4, 2019 ○ Linda Mount; Director, Analytics and Evaluation • Ms. Tomlinson provided an overview of the significant priorities for 2019. These include: <ul style="list-style-type: none"> ○ Recruitment and Retention; offering a reminder that this is a statewide concern, this will remain a primary focus. The Department of Behavioral Health and Developmental Services (DBHDS) is addressing this concern with the development of a statewide workgroup. ○ Primary Healthcare Screening; recognizing the impact of co-occurring behavioral and primary health concerns, primary healthcare screening related to health integration will be an ongoing effort. • Ms. Tomlinson acknowledged CSB Board members who provided testimony before the legislative session of the General Assembly, Suzette Kern, Bettina Lawton, Edward Rose, and Diane Tuininga. 		

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	<ul style="list-style-type: none"> • Steve Mutty, Director with Volunteer Fairfax attended a meeting with Ms. Tomlinson, Barbara Wadley-Young, and Georgia Bachman to discuss volunteer opportunities for clients receiving behavioral health and/or developmental disabilities services. Further updates will be provided as developments occur. <p>Lucy Caldwell provided several updates including:</p> <ul style="list-style-type: none"> ○ The BeWell program is hosting a hands-on, free community workshop that will focus on how food, exercise, and sleep affect one’s health, mood and behavior “Mood, food, and behavior” is Thursday, January 31 from 5:00 p.m. – 7:00 p.m. at the Merrifield Center. ○ Lyn Tomlinson, acknowledging some additional funding had been awarded, confirmed that the funding grant for the BeWell program is expiring. Efforts to locate and develop continued funding for the program are ongoing. ○ Evan Jones further noted that <p>Gary Ambrose encouraged Associate Members to please contact Erin Bloom to reserve a presentation slot at future BHOC meetings.</p> <p>The next BHOC meeting is Wednesday, February 13, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:08 p.m.	Gary Ambrose, Chair	

Date Approved

Prepared by Erin Bloom