

Fairfax-Falls Church Community Services Board

February 27, 2019

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Basilio ‘Sonny’ Cachuela, Jr.; Sheila Coplan Jonas; Bettina Lawton; Edward Rose; Nancy Scott; and Diane Tuininga.

The following CSB Board members were absent: Daria Akers; Gary Ambrose; Thomas Burger; Ken Garnes; Rachna Sizemore-Heizer; and Jane Woods

The following CSB staff was present: Daryl Washington; Georgia Bachman; Jessica Burris; Lucy Caldwell; Cynthia Evans; Mike Goodrich; Cynthia Tianti; and Lyn Tomlinson

Guests: Meeting Called to Order

Suzette Kern called the meeting to order at 5:01 p.m.

1. Matters of the Public

None were presented.

2. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Acknowledging no further revision recommendations, the agenda was accepted as revised.

3. Approval of the Minutes

Draft minutes of the January 23, 2019 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Diane Tuininga made a motion for approval, which was seconded and passed.

4. Staff Presentations

A. *Welcoming Inclusion Network (WIN) Presentation*

Barbara Wadley-Young provided a brief overview of the background of the WIN Initiative. In April 2018, the Board of Supervisors (BOS) directed WIN to identify specific service options to support equitable and sustainable employment and day services. The identified options included Retirement, Inclusive Hiring, Training, and Self-Directed Services (SDS) -Expanded and -Transfers, confirming that DMB (Department of Management and Budget) was regularly consulted to identify the costs associated with each option and tier. Daryl Washington confirmed that the cost savings listed in the materials, reflected a cost avoidance to the CSB, not to related programs. The recommended option/tier combinations presented to the BOS included 1) Retirement-Silver tier, 2) Training-Bronze tier, 3) SDS-Transfers, Silver tier, and 4) Inclusive Hiring, Silver tier. The plan for phased implementation considers cost,

savings, staffing needs, available resources, and other impactful concerns. *Suzette Kern requested that the BOS be kept informed throughout and following implementation, further requesting that the updates include notice that savings for the retirement option are likely to be significantly less than what had been briefed to the Health and Human Services (HHS) Committee. Ms. Kern further requested that the briefings should be scheduled regularly to ensure that the BOS remains fully informed*

A brief overview of the Feb. 25, 2019 WIN meeting was provided, noting that a follow-up meeting is scheduled for March 18th. Subsequent to the March meeting, a survey will be sent out requesting input from the broader community. Ongoing updates will be provided to CSB Executive Staff and at the Developmental Disabilities Committee meetings. Board members and staff engaged in robust dialog.

B. Residential Services and Opioids

Peggy Cook provided an overview of the Power point presentation detailing the Residential Treatment and Detoxification services provided at each facility. Noting that each slide illustrates a location and the services provided, Ms. Cook provided some additional details.

- It was noted that the Fairfax Detoxification Center, A New Beginning, and Cornerstones are co-located at the Tim Harmon Complex.
- A New Direction provides services to individuals discharging from A New Beginning and transitioning into the community.
- Crossroads is the largest program, the Intensive Residential and the Supervised Residential Re-entry programs are located in the same facility. The typical length of stay for the Intensive Residential program is 4.5-6 months, based on progression. Individuals served in the Re-entry program are referred from the Crossroads Intensive Residential program. Outcome surveys are conducted post-discharge at 3 three months and one year.
- The majority of referrals to Cornerstones are received from hospitals and the jail, with the largest number of recent referrals from the Jail Diversion program. Peer Support services are integral to the success of treatment provided in this program. This program provides a very slow transition to the community, supported by Cornerstones Apartment housing and day program services. Further transition is typically into Permanent Supported Housing to provide significant long term supports.
- The Residential Admissions Unit has 3 full time staff that usually carry a caseload of 120-130 individuals.
- Tina Kavarligos, Program Manager for A New Beginning and Melissa Anderson, Program Director for Cornerstones provided some additional details of their respective programs.

Board members were encouraged to arrange a tour of the Tim Harmon Complex.

5. Director's Report

Executive staff provided several agency updates, some highlights of which are listed below:

Mike Goodrich provided an overview of the advertised FY 2020 budget materials provided in the meeting. Directing attention to the *Fund 40040 Fairfax-Falls Church Community*

Services Board Mr. Goodrich highlighted the FY 2020 total expenditures and authorized positions. The contributions of the Cities of Fairfax and Falls Church were noted as well as the increase in County support of approximately \$10.5M. Providing an overview of the details of the requested increase, it was clarified that the approximately \$2.4M for the Special Educations Graduates is an increase to the fund base, not a one-time increase. Daryl Washington provided some additional details reporting that funds have been provided for Healthy Minds, for expansion of the Lewinsville Adult Day Health Care Center to provide additional staff, and in the CIP (Capital Improvement Program) earmarked for 2024 are funds to build an adult center in Springfield. Suzette Kern, noting that the CSB Board typically testifies during the Budget Public Hearings, asked that staff begin to develop talking points for the April Hearings.

Elizabeth McCartney provided an overview of the *2019 Virginia General Assembly Session Review* confirming the information provided was updated to include changes that occurred between the initial release of the meeting materials and adjournment of the General Assembly. Highlighting the information related to DD Waivers/Services and the Miller House located in Falls Church, Daryl Washington provided some background noting that this decision supports a prior agreement for the CSB to give citizens of Falls Church priority status at this facility. It was noted that a large number of bills related to CSBs, behavioral health and jail services were included in this session and may be found in the tables on the remaining pages. Mr. Washington, referring to the \$200K (added to the fund base) approved for the PACT Team program, attributed this to the tremendous support and advocacy of the CSB Board.

Daryl Washington provided further updates, a summary of which is recorded below:

- Related to a regional grant (Prevention) CSB awarded multiple anti-stigma mini grants to students at schools in Fairfax County and the Cities of Fairfax and Falls Church that address mental health awareness and suicide prevention.
- The CSB is working to launch a new pilot program that increases access to mental health services and provides training for pediatricians in mental health care and prescribing for youth including telephone consultation with Psychiatric Nurse Practitioners and Psychiatrists.
- Offering a reminder of the County Strategic Plan, BAC (Boards, Authorities, and Commissions) feedback meeting on March 7, 2019 at 7:00 p.m. attending members were solicited for volunteers to attend the meeting. Volunteer Board Members are Jennifer Adeli and Diane Tuininga. Prior CSB reporting documents will be forwarded to the volunteer members to assist with testimony. All Board members were encouraged to complete the County/Strategic Plan survey, if they had not already done so.
- Board members were further encouraged to attend the CSB Spirit of Excellence Awards, April 4, 2019 in the Government Center Auditorium at 9:00 a.m. preceded by a reception at 8:30 a.m. in the Atrium.
- The first Veteran's Treatment Docket graduation ceremony is scheduled for Thursday, February 28, 2019 at 2:00 p.m. in Courtroom 1E.
- A Fairfax County budget update will be provided at the March 2019 CSB Board meeting by Fairfax County Chief Financial Officer, Joe Mondoro.

- Referring to efforts to finalize third-party billing procedures, Mr. Washington provided an overview of efforts to date, confirming an addendum has been signed with Credible allowing for bi-directional information sharing, the one-time cost for which was \$22,500. Offering a reminder of the options for communicating billing data, it was determined that the web solution offered a less complex and less timely implementation period. Mike Goodrich clarified that third-party billing is anticipated to begin in early May 2019, following an implementation and testing period. *Suzette Kern requested regular and ongoing updates at the Compliance Committee, noting intense Board scrutiny.*

Linda Mount provided an overview of the Heatmaps provided in the meeting materials, noting updated copies had been added to the packet. It was clarified that the data point for the number of individuals located in the upper right corner of each map indicates where the individual resides, not where the individual was served. The Second Quarter Status Report (Dashboard) was distributed and reviewed. It was clarified that Medicaid Expansion, effective January 1, 2019, will begin to impact the data in the 3rd Quarter of 2019. Mike Goodrich confirmed that 268 individuals are enrolled with a total of 501 applications processed as of the date of this meeting. *Following the review, Suzette Kern requested some revisions to the Notes section asking to add Medicaid Expansion and to please note when a significant change in data occurs so that a verbal explanation is not required when sharing the Report.*

Lyn Tomlinson provided clarification to information provided by Louella Meachem in a January service area presentation, noting that the percentage was an overall ratio of Time to Treatment wait times, it did not refer to the wait time of ‘within 10 days’ attributed to increased need for psychiatric services.

Michael T. Lane, new Director of Individual and Family Affairs was introduced and welcomed.

6. Matters of the Board.

Edward Rose and Diane Tuininga thanked Daryl Washington and CSB senior leadership staff who recently met with the City Councils for the cities of Falls Church and Fairfax.

Suzette Kern presented prepared remarks on behalf of the absent Daria Akers, regarding the Robinson Rams Special Olympics team participating in the half-time show at the GMU vs. Richmond game directly following this meeting, Wednesday February 27th at 7:00 pm!!! Noting it is a great example of support of inclusion by our local community.”

Ms. Kern provided an update to the recent discussions regarding information dissemination and statutory responsibilities. Reporting a meeting earlier today, attendants included CSB Board Vice Chair Bettina Lawton, BOS Chairman Sharon Bulova, Braddock District Supervisor John Cook, County Executive Bryan Hill, Deputy County Executive Tisha Deeghan, and County Attorney Beth Teare,

- For operational issues, it is not critical for the Board of Supervisors to be briefed in advance of the CSB Board.

- For sensitive issues where the County Attorney has specifically deemed that the BOS must be briefed first, notification to the CSB Board should be made almost immediately afterwards or simultaneously if possible.
- The DCE will advise the CSB Executive Director that he should feel empowered to share all information, as described above, with the CSB Board.

Ms. Kern clarified that following this meeting, Mr. Hill's attendance at a future CSB Board meeting would be re-considered.

7. Committee Reports

A. *Behavioral Health Oversight Committee (BHOC)*

Diane Tuininga, in the absence of Gary Ambrose, provided highlights of the February meeting, which includes:

- James Campbell, Director of Community Systems, Inc., provided an agency presentation.
- Gary Ambrose provided an overview of the Priority Access to CSB Services review process, noting an Ad Hoc Committee was established.
- Staff updates were provided by Lyn Tomlinson and Mike Goodrich.

The next BHOC meeting is Wednesday, March 13, 5:00 p.m. at the Merrifield Center, Level 1-Room 408/509, East.

B. *Compliance Committee*

Suzette Kern noted that due to inclement weather, there was no February meeting:

The next meeting is Wednesday, March 20 at 4:00 p.m. at the Merrifield Center, Level 1 - Room 308 A/B, West.

C. *Developmental Disabilities (DD) Committee*

Sheila Jonas provided an update to the February meeting, some highlights of which included:

- Three presentations from Associate Member agencies Melwood, Lutheran Family Services, and Work Opportunities Unlimited.
- Tuesday, March 5, 2019 the Board of Supervisors will declare March 2019 as Developmental Disabilities Awareness month. The proclamation is preceded by a reception at 8:30 in the Government Center Atrium.

The next meeting is Wednesday, April 3 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.

B. *Fiscal Oversight Committee*

Captain Basilio 'Sonny' Cachuela, Jr., provided highlights of the February meeting, some of which included:

- The Financial Status Review included updates to the Third Quarter Review submission and the Modified Fund Statement.
- The Human Resources Update included updates to Vacant General Merit positions and Critical Position recruitment and retention efforts.

Captain Cachuela also reported that the first graduation ceremony for the STAR (Striving to Achieve Recovery) program, an addiction recovery program launched in the Adult Detention Center (ADC) was Tuesday, February 19, 2019, reporting the ceremony was well attended. It was further noted that the program is scheduled to be expanded to females in the jail.

The next meeting is Friday, March 15 at 9:00 a.m. at the Pennino Building, Room 836A.

D. Other Reports

Suzette Kern the Human Services Council provided an opportunity for testimony on the Advertised County Budget. Noting this procedure differs from previous years when an opportunity was provided to present oral testimony, there is now a procedure for submitting written testimony. Ms. Kern recommended CSB staff and CSB Board members develop written testimony for submission.

Ms. Kern provided an update to the Ad Hoc Partner Feedback Committee workgroup meetings noting that the facilitator, Kim Gladis, prepared a summary of both meetings that were provided to the attending agencies as well as CSB Executive staff. Copies of the summary were also included in the meeting materials. Board members were encouraged to review the summary in preparation for developing an Ad Hoc Partner Feedback Committee. Volunteer CSB Board Members include Sheila Jonas, Gary Ambrose, Ken Garnes, Diane Tuininga, and Suzette Kern. It was requested to schedule the initial meeting prior to March 30, 2019.

CLOSED SESSION

At 7:22 p.m. a motion was offered, seconded and passed to meet in closed session for consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring the provision of legal advice by such counsel on a reimbursement matter, as permitted by Virginia Code Section 2.2-3711(A)(8).

At 7:41 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session.

Immediately following, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 7:42 p.m.

Actions Taken--

- ◆ The January 23, 2019 CSB Board Meeting minutes were approved as presented.

March 27, 2019

Date Approved



Staff to Board