



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 3-314, West

Wednesday, January 8, 2020
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Diane Tuininga
2. Opening Remarks, Introductions, and Announcements
3. BHOC Approval of the December 2019 Draft Joint Committee Meeting Minutes
4. Matters of the Public
5. Staff Presentation – Emergency Services, Belinda Massaro
6. Associate Member Reports, Updates, and Concerns
7. Challenge Question –
 - Discussion
8. Joint BHOC/DD Committee Meeting
 - Committee and Associate Member Feedback
 - Recommendations for June 2020 Joint Meeting Agenda Topics
9. Staff Reports
10. Adjournment

Fairfax-Falls Church Community Services Board
Joint Meeting of the Developmental Disabilities Committee and
the Behavioral Health Oversight Committee

December 4, 2019

The Developmental Disabilities Committee and the Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in special joint session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

Committee Members in Attendance: Diane Tuininga, BHOC Chair; Sheila Coplan Jonas, DD Cmte Co-Chair; Nancy Scott, DD Cmte Co-Chair; Daria Akers, BHOC & DD Committee member; Basilio 'Sonny' Cachuela, Jr., BHOC member; and Garrett McGuire, BHOC member

Committee Members Not in Attendance: Rachna Sizemore Heizer, DD Cmte member

CSB Board Members in Attendance: Evelyn Spain

CSB Staff in Attendance: Georgia Bachman, Stephanie Bailey, Eileen Bryceland, Evan Jones, Elizabeth McCartney, Jean Post, Joe Rajnic, Joan Rodgers, Denise Sequeira, Sierra Simmons, Lyn Tomlinson, and Barbara Wadley-Young

Associate Members in Attendance: Dennis Brown, ServiceSource (SvSc); Peter Clark, No. VA Mental Health Foundation (NVMHF);); Gordon Dean, Concerned Fairfax (CFx)Wendy Gradison, PRS, Inc.; Irvin Hernandez, Multicultural Center (MCCC); Susan Keenan, Community Living Alternatives (CLA); Sean McGinnis, Hartwood Foundation, Inc. (HFI); Andrew Miller, Lutheran Family Services (LFS); Zanelle Nichols, ECHO; Heather Peck, Laurie Mitchell Empowerment and Career Center (LMECC); Anita Robinson, Pathway Homes (PHI); Paula Staton, Global Health Services (GHS); Cynthia Sturdevant, Neighborhood Health (NHVA); Emilia Turcios and Azim Ross, Gateway Homes Inc. (GHI);

Guests in Attendance: Captain Derek DeGeare

1. Meeting Called to Order

Diane Tuininga convened the meeting at 5:02 p.m.

2. Matters of the Public

None were presented.

3. Approval of the Agenda and Minutes

Sheila Jonas presented draft minutes of the August 7 and October 2, 2019 Developmental Disabilities Committee meeting, following which Captain Basilio 'Sonny' Cachuela, Jr made a motion to approve the meeting minutes as presented that was seconded by Daria Akers and unanimously approved.

Diane Tuininga presented draft minutes of the November 6, 2019 Behavioral Health Oversight Committee meeting for Committee review, following which Daria Akers made a

motion to approve the minutes as presented that was seconded by Captain Basilio 'Sonny' Cachuela, Jr and unanimously approved.

4. Contact Partner Discussion and Feedback Form

Lyn Tomlinson distributed copies of the revised form, requesting additional feedback on the version provided. An engaged discussion ensued during which it was confirmed that the purpose of the form is to prompt ongoing conversation and encourage equitable two-way dialogue at the quarterly meetings. To allow some additional time to review the form and offer meaningful recommendations, the form will be forwarded to the Committee and Associate Members with feedback requested by either reply email, or at the next Committee meeting.

5. Staff Updates

Lyn Tomlinson offered a reminder of the Challenge Question posed at the November Behavioral Health Oversight Committee meeting regarding the critical lack of available and accessible dental resources. In follow up to the discussion, Peter Clark with NVMHF generously developed and shared a list of local dental resources that was distributed to all members present. An electronic copy will be forwarded to the Committee Outlook distribution lists.

Ms. Tomlinson provided several other updates to include:

- Several recent leadership changes at the Department of Behavioral Health and Developmental Services (DBHDS) have been reported. CSB staff will monitor the changes and provide updates as they occur. Recent changes include:
 - Alison Land was announced as the new DBHDS Commissioner.
 - DBHDS Deputy Commissioner for Developmental Services, Laura Nuss, has resigned; Heather Norton will step in to serve as the Acting deputy Commissioner.
 - Daniel Herr, DBHDS Deputy Commissioner for Facility Services also recently resigned.
- The one-year anniversary for the STAR (Striving to Achieve Recovery) program in the Adult Detention Center (ADC) was celebrated on November 19, 2019. ADC, Program, and CSB staff were present. Some STAR program graduates returned to speak on the positive impact of the program.
- At a joint meeting held December 2018, Associate Members requested greater involvement with legislative priorities. To that end, CSB Legislative Liaison Elizabeth McCartney provided an update to current legislative efforts including:
 - Talking Points are in development for CSB Board member testimony at the House Appropriations and Senate Finance Committee public hearings and the Fairfax County General Assembly Delegation public hearings in January 2020. Reporting no significant changes to the 2019 focus areas, the 2020 priorities include STEP-VA (System Transformation Excellence Performance in Virginia), the State Hospital Bed Crisis, PACT (Program for Assertive Community Treatment)/ICRT (Intensive Community Residential Treatment), the

Opioid/Heroin Epidemic, Medicaid Waivers and the Priority One Waitlist, and support for the Department of Justice (DOJ) settlement.

- The Fairfax County Board of Supervisors (BOS) just approved the 2020 Legislative Program including Human Services Issue Paper. Ms. McCartney reported one revision to the Human Services Issue Paper was revised to include the impact of youth vaping. The approved documents can be viewed on the [BOS website](#) under 2020 Board Legislative Reports.
- The proposed FY2021 County Budget will be released in mid-December. It was noted that the talking points referenced above may be impacted.
 - Heather Peck (LMECC), noting her involvement in a Peer Recovery Support Stakeholders Group, conveyed the group's concerns related to a significant disparity in Medicaid reimbursement rates, particularly related to Peer Support Specialists across the Commonwealth. A statewide coalition involved with the Stakeholders Group include the Virginia Center for Addiction Medicine, NAMI (National Alliance on Mental Illness), the Mental Health Administration of VA, LMECC, VOCAL, and SAARA (Substance Abuse and Addiction Recovery Alliance). The coalition plans to testify before the Rules Committee and the Virginia General Assembly to request a Joint Legislative Audit & Review Committee (JLARC) study for Medicaid reimbursement rates and the disparity in pay for Peer Support Specialists.
 - Dennis Brown with ServiceSource further noted the distinct discrepancy between a "minimum wage" and a 'living wage', noting that in Northern Virginia the average wage covers approximately 60% of the Service delivery cost.
- Members were encouraged to forward feedback and comments to Erin Bloom or Elizabeth McCartney.

6. Facilitated Session

Joan Rodgers provided a brief overview of the planned activities, noting that a report of the comments and recommendations provided by each of the four individual groups *and* the combined group will be developed into a report for distribution.

There were three planned activities that included:

1. *Table Work and Group Discussions*

- a. The four individual groups were provided with four different fictitious scenarios for discussion with a goal of identifying 1) services that could be beneficial, 2) discovery of possible service gaps, and 3) staff training needs. Following each individual group discussion, the larger group was invited to provide further discussion and feedback.
- b. Following the table discussions, three questions were posed to the group as a whole, including, 1) suggestions for integration of Developmental Disability and Behavioral Health services in a system as large as ours; 2) resources and optimal communication strategies for families in crisis, and 3) ethics of safety

and security for both the individual and the community when placement is denied or there is a long wait list.

2. *Development of System Map*

Implementing a request from the June 2019 joint meeting, attendees completed a brief survey that included agency demographics for development of a System Map. The Map will illustrate type of services and resources, possible gaps in services, and areas of overlap between the CSB and partner agencies. Results will be developed into a report for distribution.

3. *Suggested Agenda Items for the Next joint Meeting, Proposed for June 2020*

Reporting a plan to schedule a Joint meeting for June 2020, attendees were asked to offer suggestions for agenda items. The suggestions were collected and will be consulted during development of the joint meeting agenda.

There being no further business to come before the Committee, the meeting was adjourned at 7:02 p.m.

Actions Taken –

- The August 7 and October 2, 2019 DD Committee meeting minutes were approved
- The November 6, 2019 BHOC meeting minutes were approved.
- Reports sent including 1-2-3...

Date Approved

Clerk to the CSB Board