

FY 2009 and FY 2010 Biennial Report



Ensuring the Future in Challenging Times



In the spirit of Fairfax County's vision elements to protect and enrich the quality of life for the people, neighborhoods, and diverse communities of Fairfax County, the Fairfax-Falls Church Community Services Board works toward maintaining safe and caring communities.

Ensuring the Future in Challenging Times

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Who We Are

The Fairfax-Falls Church Community Services Board (CSB) serves the community as the public agency responsible for planning, organizing and providing services to persons who have a mental illness, intellectual disability, or a substance use disorder. Programs are directly operated or provided by private organizations and are licensed by the Virginia Department of Behavioral Health and Developmental Services.

The CSB was established in 1969 by the joint action of Fairfax County and the Cities of Fairfax and Falls Church. The CSB functions as part of the Fairfax County Human Services system. The State Code requires that every jurisdiction in the Commonwealth of Virginia have a CSB.

Our Vision

People receive timely, individualized, quality services when and where they need them, in addition to active support, resulting in acceptance in the community.

Our Mission

The Fairfax-Falls Church Community Services Board partners with individuals, families, and the community to empower and support Fairfax-Falls Church residents with or at risk of developmental delay, intellectual disabilities, mental illness, and alcohol or drug abuse or dependency.

We provide leadership to ensure the integration of the principles of resilience, recovery and self-determination in the development and provision of services. We maintain accountability by ensuring that continuous system improvement is anchored in best practice, outcome and effectiveness measurement, and the efficient use of resources.

As the public support network, we provide services which assist, improve and maximize the potential of individuals affected by these conditions and strengthen their capacity for living self-determined, productive and valued lives within our community.

***The Fairfax-Falls Church Community Services Board normally meets
at 7:30 p.m. on the fourth Wednesday of each month.
Meetings are held at the Fairfax County Government Center in Fairfax, Virginia,
and the public is encouraged to attend.***

***Call the Board Calendar at 703-324-7035, TTY 711
or visit our web site at www.fairfaxcounty.gov/csb
to confirm times and locations.***

Message from the Chair

The Fairfax-Falls Church Community Services Board provides vital services to people who face some of our community's greatest challenges. Through our staff and partner services, along with Board advocacy efforts, we strive to ensure independence and enjoyment of the Fairfax-Falls Church community for the individuals receiving our services.



In FY 2009 and FY 2010, a difficult economic climate and high demand for services challenged the CSB to maintain the high quality of service provision that our community has come to expect. The CSB and our community partners experienced funding cuts which forced us to suspend numerous programs to preserve our core services. We have maintained high staff vacancy rates to create further cost savings. And yet, I don't know when I've been more proud. The staff of the CSB rose to the challenge with unflinching dedication and hard work.

Also in FY 2009 and FY 2010, the Beeman Commission, which was established to bring fresh knowledge and perspective to the agency presented its final report (see page 14) which provides us with a vision and blueprint for transforming our system.

Increasingly, the CSB provides services to people with multiple and complex needs. We are beginning to explore providing services to people with Autism Spectrum Disorders. With health care reform, we know that our service delivery will evolve and funding mechanisms will change. We will continue to stay attuned to these changes to help us to embrace the opportunities placed before us.

Even in these challenging times, the CSB continues to demonstrate resilience and a commitment to quality through a number of accomplishments that are outlined in this biennial report. Please take time to read about some of the people who have received our services. The accomplishments we see in these renew our dedication and our commitment to the citizens of the Fairfax-Falls Church community.

A handwritten signature in cursive script that reads "Lynne Crammer".

Lynne Crammer
FY 2009-FY 2010 Chair

Empowerment, Recovery and Resilience

Kevin Earley, Recovery Specialist with the CSB's Intensive Community Services, began working with the CSB last year and is a valued team member. He provides a variety of services including outreach, helping people get to appointments, and focusing on building life skills. In preparation for his work, Kevin attended a two-week Peer Specialist training that he found extremely valuable.

Kevin uses his own life experience as a tool to get a person's attention and add to his credibility as a CSB worker. He talks to people about how he has turned his life around and is open about his past challenges with mental illness, the legal system, and his family. He shares the things that helped motivate him to build a healthier life, including working closely with his doctor, and his desire to stay connected to his family.

When reflecting on his work Kevin said, "A job like this is helpful in my own recovery. It keeps me on track and grounded. It's like this job is tailor-made and it's been a transforming venture. This uses my strengths, skills, and qualities. I am able to see how I can help change lives and celebrate milestones that are made."

"This job has given me a chance to prove myself and also prove to myself that I'm capable."



Empowerment, Recovery and Resilience

“Joe has blossomed right along with our garden.”



Joe is a 2 year old receiving early intervention services from the Infant Toddler Connection (ITC). He is blind and has developmental delays. Joe's life and learning are complicated by sensitivities to tastes, touch and sound, making it hard for him to experience new foods, places and people. While Joe had made progress, a fresh approach was needed to build on his successes.

Joe's mother and older brother planted seeds in their patio garden in the spring. While they waited for a harvest of vegetables, an idea grew to expand Joe's learning as well. Although Joe could not see the plants grow from sprouts to mature plants, he had an amazing opportunity to enjoy an array of sensory experiences, which created a new interest in learning about his environment. As the plants grew, he would brush up against soft, spiny, long, short, fat and narrow leaves. His mother gave him opportunities to explore the plants with his hands and touch the soil. As plants ripened, his mother cut open each new vegetable and gave Joe the opportunity to smell, feel and if he wanted, taste it. Joe grew in his ability to tolerate new sensory experiences through the variety of vegetables in their garden.

Facilitating learning in a child's natural environment is key to Joe's successful experience. In this case, the garden became Joe's safe and familiar place to learn, practice new skills, and shine! Providing services in a child's natural environment is a key feature of our ITC services.

Empowerment, Recovery and Resilience

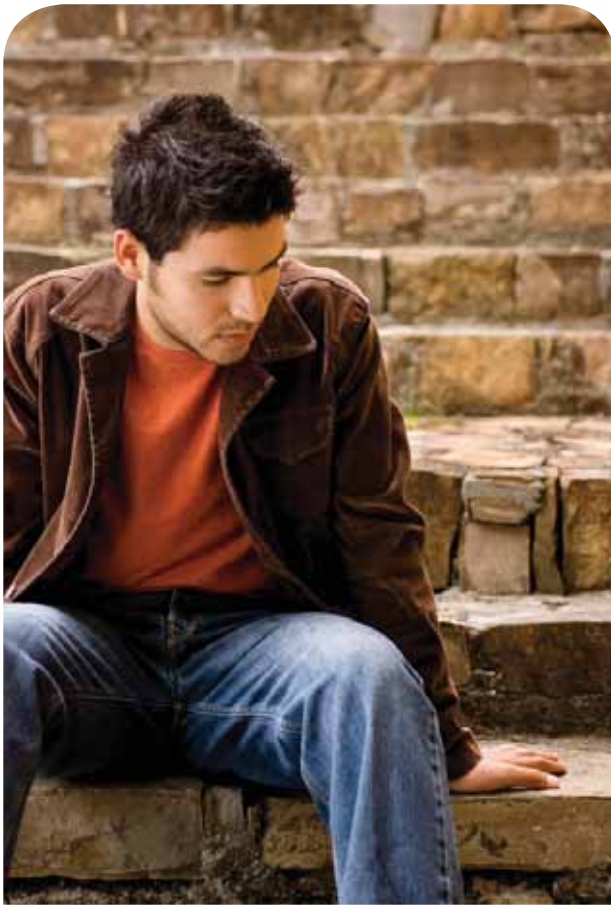
“My family is very proud that I’ve become so independent.”

Heather, who has been involved with the Cooperative Employment Program for many years, worked at a variety of jobs but launched her career with the federal government 29 years ago. She has been with the Coast Guard Personnel Branch for 20 years. Heather is responsible a variety of mail room and clerical tasks and enjoys her current supervisor because he is very supportive. Heather’s employment counselor routinely checks with Heather and her supervisor to make sure that work is going well. Heather lives independently in her own condo, with support from her sister. In her spare time, Heather is very active with the Arc of Northern Virginia and other community activities, and enjoys spending time with friends and family.



Empowerment, Recovery and Resilience

“I have a life now...a job, a home, friends, and a future.”



Joaquin just received great news: he has been hired as a full time counselor at a local shelter that supports many people with mental illness and substance abuse issues in need of housing. He also attends college part-time. As a 23 year old with a bright future, Joaquin works and lives in Fairfax County and has a strong network of support.

Just a couple of years ago, Joaquin’s life was very different. He had been in trouble with the law, mostly for stealing things to support his drug use. Joaquin started using alcohol and drugs when he was 13 years old, steadily increasing his use, becoming addicted to Oxycontin, and eventually, heroin.

Joaquin’s life trajectory changed when he was offered a choice of jail or treatment. He chose to give treatment a try and got involved with CSB services. After a period of detoxification and residential treatment, Joaquin’s personal recovery started to gain traction at Crossroads where he graduated from the program and into a new life. He credits his ongoing recovery to what he’s learned and his awareness of all he had to lose, all he’s gained, and his involvement in a self-help community.

Empowerment, Recovery and Resilience



"I'm doing more and learning more."

Susan has been employed with the federal government for nearly 30 years. Since starting her career with the Dept. of the Treasury in 1980, Susan has served in a variety of positions. She currently works for the Dept. of Homeland Security, where she is responsible for a variety of clerical tasks. Throughout her career, Susan has received basic follow-along support from the Cooperative Employment Program. In addition to a distinguished career, Susan is homeowner and a mother. Outside of work, Susan and her daughter enjoy watching movies, reading, and spending time with their family.

Health Promotion and Integration with Primary Care

- People with behavioral health concerns often have both more serious health concerns than the general population, as well as greater difficulties in accessing health care. Research demonstrates that as health care and behavioral health integrate, health outcomes improve. New efforts are underway locally to integrate primary and behavioral health. Doctors from the Community Health Care Network (CHCN) began seeing people at two of our mental health center sites to build health care relationships in a trusted setting. CSB psychiatrists are providing services at three CHCN clinics to provide mental health support in primary health setting. These efforts will inform and help prioritize future system integration.



Health Promotion and Integration with Primary Care



“The yoga class has helped me tap into who I am - my mind, body, and spirit.”

Promoting physical and mental wellness is a new holistic focus for the CSB because it improves overall service outcomes. Staff coordinated consumer health fairs that focused on a variety of topics, including weight management, smoking cessation, exercise, restful sleep, glucose and blood pressure monitoring. Volunteers also launched yoga classes at Crossroads.

- Consumers of mental health and substance abuse services have higher rates of tobacco use than the general population, resulting in higher incidence of tobacco-related health issues. Since many serious tobacco-related health problems can be prevented through cessation, developing champions around this cause is imperative. CSB psychiatrists obtained a grant promoting best practices in tobacco cessation, which included clinical interventions and health promotion activities. With the goal of improving health outcomes, staff worked to embed tobacco cessation approaches throughout our system.



- The Fairfax Access Network was created as a result of a small planning grant through the Campbell-Hoffman Foundation in 2008, in partnership with The Women’s Center, Northern Virginia Family Service, and the Community Health Care Network. With the goal of developing unique, effective models of integrated primary and behavioral health care through a coalition of partners in the private and public sectors, this group will help us move toward greater support of the varied needs of Fairfax-Falls Church residents.

Community



“It made me feel really good about myself to show my artwork and have others appreciate it.”

“Project Insight,” annual art and poetry shows spotlighting the creative work of people receiving CSB services, continued. The open houses have been well-attended and positively received by the community, offering awareness-raising through art and creative talent.

The Community Making a Difference

- Following the voices of advocates, the CSB joined the nationwide movement to get rid of the “r” word by changing its service name from the less valuing Mental Retardation Services to Intellectual Disability Services.
- When community members unite around a cause, the results can be powerful and compelling. ADS staff helped launch a community coalition established in response to a much-publicized heroin crisis that included overdoses and deaths among young adults in the community. Coalition members have galvanized from the tragedies to prevent problems and build positive futures for young people.



Community

A Place in the Community

- When the physical barriers in a house make it difficult to do everyday tasks – enjoy the sunset on the deck or simply take a relaxing hot shower – it begins to feel less like *living* at home and more like *being trapped* in a home. That is why the CSB completed accessibility renovations, including roll-in showers, roll-under sinks, lowered cabinets and counter tops, ramps and wider doors to a variety of group homes. These renovations have literally “opened doors” to more independent and diversified community living opportunities for our residents.
- When people have mental health concerns combined with a substance abuse issue, it is essential to address them both at the same time. Ground-breaking took place in March 2009 for the New Horizons Treatment Center, which provides treatment to men and women with mental health and substance use disorders. This state-of-the-art facility opened in summer 2010 and the New Horizons Neighborhood Advisory Board has worked diligently to help the community learn about the program.
- Having a job in the community builds financial independence and is something we all value. In 2010, one of our CSB services, the Cooperative Employment Program (CEP), celebrated thirty years of success in providing job support to people with disabilities!



Technology

Our service delivery capability is enhanced through the use of state-of-the-art technology. During the period of this biennial report, several noteworthy advances helped move our system forward:

- Infant and Toddler Connection (ITC) designed and implemented CODE (Comprehensive Online Data Entry), a system that automates educational records. CODE allows all service providers to communicate in real time, keeping progress and demographic information in one place. CODE is web-based, allowing staff to access it wherever services are provided, assuring that infants and toddlers receive the best services possible with speed and efficiency.
- Our CSB Electronic Health Record (EHR) continued to evolve. We went “paperless” with a Slim Chart, printing only items needed for business purposes or that require signatures. The last component of EHR training was completed across the agency, further preparing us for new technologies. The future calls for further EHR enhancements to stay aligned with new technologies and to further develop an efficient system.
- ITC launched its own electronic mailing list for early intervention news and family activities, with more than 300 families subscribing. The electronic list joins ITC’s bimonthly printed newsletter in providing timely and helpful information for families.



Collaboration and Capacity Building

"I learned about working on a team and cooperating with other kids to get things done. "



Road DAWG (Don't Associate with Gangs) Camps, a collaboration with the Fairfax County Police and many county agencies, received a National Association of Counties (NACo) award. The camps, part of the county's gang prevention initiative, deter gang recruitment of middle-school youth by providing tools to strengthen their resilience, develop positive decision-making skills and encourage leadership characteristics to buffer against the potential lure of gangs. Nearly 450 youth have attended this camp since its inception.

Collaboration and Capacity Building

"As my son went through Al's Pals, he learned how to express his feelings."



Building community capacity to promote health and build life skills is an essential component to accomplishing the CSB mission. One noteworthy initiative serves preschool children and is delivered in the classroom by partnering with teachers and day care centers. Al's Pals is a resiliency-based program that develops personal, social, and emotional skills in children 3-8 years old. Since 2006, CSB Prevention Services has received \$404,844 in grant funding from the Virginia Foundation for Healthy Youth to extend programming throughout our community. More than 94 professionals have been trained and supported, and more than 3,100 children have been engaged in Al's Pals. Participants show an average 13% improvement in social skills and behavior per year.

Workforce Development

- The CSB is committed to meaningful activities in the area of organizational development and training. A multi-layered strategy is in place with an emphasis on efficiency, skill building, and performance enhancement to meet the needs of individuals and families seeking services through the CSB. Basic staff competencies will be enhanced with targeted on-line coursework mapped to the competencies needed to serve our consumers effectively. The online courses provide flexible on-demand training to optimize staff scheduling needs. In addition, traditional instructor-led training will focus on performance and skill enhancements to compliment strategic initiatives, which include the foundation of recovery- and resilience-oriented services. Finally, the Beeman Commission noted the need for 'ongoing leadership development' in the organization. As an initiative, a CSB Leadership Institute is advancing, with both clinical and managerial capabilities mapped to staff development activities.

Shaping Our Future

The Josiah H. Beeman Commission was established to advise the Board of Supervisors on the future direction and design of the mental health services delivery system serving Fairfax County, the City of Fairfax, and the City of Falls Church. This Commission was named in recognition of the late Josiah H. Beeman, former chairman of the Community Services Board, and his dedication to the recipients of mental health services and supports. The Commission was asked to recommend a vision for the service delivery system and to develop recommendations and strategies for facilitating the transformation to achieve this vision. The Beeman Commission released recommendations in late 2008, which have been embraced by the entire CSB system. Key recommendations shaping our transformation include:

- *Leadership and Governance*

- Promote effective leadership and governance to attain and sustain the vision.

- *Fiscal Management*

- Maximize and leverage all potential sources of funding for the system and for people served by the system.

- *Prevention and Early Intervention*

- Increase prevention and early intervention efforts for children, youth, and adults in order to decrease the need for services.

- *Services and Supports for people receiving CSB services*

- Build a service delivery system that supports recovery and resilience
- Assure safe, affordable, and stable housing
- Expand employment and education support
- Facilitate connection with primary health

- *Workforce and Training*

- Assure a workforce that possesses skills, values, and attributes consistent with the vision of a recovery- and resilience-oriented system

- *Data and Outcomes*

- Ensure cross-system accountability with performance and outcome measures, and use the data to improve the system.

- *Technology and Information Sharing*

- Utilize technology to support:
 - providers in delivering quality care,
 - individuals participating in their care, and
 - the system in collection data for effective management.

Persons Served

| <i>Characteristics of Persons Served by CSB Program Areas*</i> | | | | | |
|--|------------------------|------------------------------------|-------------------------------|---|--|
| | | <i>Alcohol & Drug Services</i> | <i>Mental Health Services</i> | <i>Intellectual Disability Services</i> | <i>Infant & Toddler Connection</i> |
| FY 2009 Persons Served | | 5,136 | 11,318 | 2,685 | 2,374 |
| FY 2010 Persons Served | | 5,115 | 11,447 | 2,297 | 2,448 |
| Age | 0-3 | | | | 100% |
| | 0-17 | 15% | 19% | 19% | |
| | 18-22 | 18% | 10% | 17% | |
| | 23-59 | 66% | 63% | 60% | |
| | 60+ | 2% | 8% | 3% | |
| Gender | Male | 76% | 53% | 59% | 67% |
| | Female | 24% | 47% | 41% | 33% |
| Income Level | \$0 - \$9,999 | 46% | 59% | 89% | |
| | \$10,000 - \$24,999 | 28% | 26% | 7% | |
| | \$25,000 + | 26% | 15% | 4% | |
| Race | Asian | 6% | 7% | 13% | 17% |
| | Black/African American | 19% | 22% | 13% | 9% |
| | White/Caucasian | 46% | 48% | 65% | 64% |
| | Other | 30% | 23% | 9% | 9% |
| Hispanic Origin | | 28% | 19% | 14% | 29% |

** This is an unduplicated count of persons served within program areas.*

Services Delivered

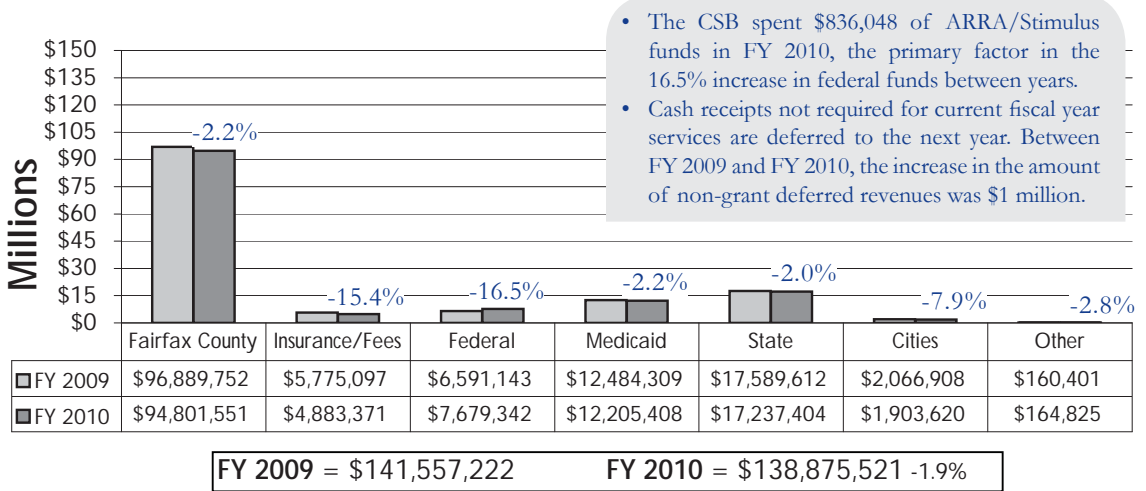
| <i>Services Delivered by CSB Program Area</i> | | | | |
|---|--|---------------------------------------|---|--|
| <i>FY 2010 Persons Served</i> | <i>Alcohol & Drug Services</i> | <i>Mental Health Services</i> | <i>Intellectual Disability Services</i> | <i>Infant & Toddler Connection</i> |
| Outpatient/Case Management | 2,896 | 5,491 | 1,321 | |
| Day Support | 563 | 895 | 1,190 | |
| Residential | 423 | 964 | 685 | |
| Early Intervention | 482 | | | 2,448 |
| Inpatient | 43 | 118 | | |
| CSB Emergency | 7,849 | | | |

** Some CSB consumers participate in more than one program or service.*

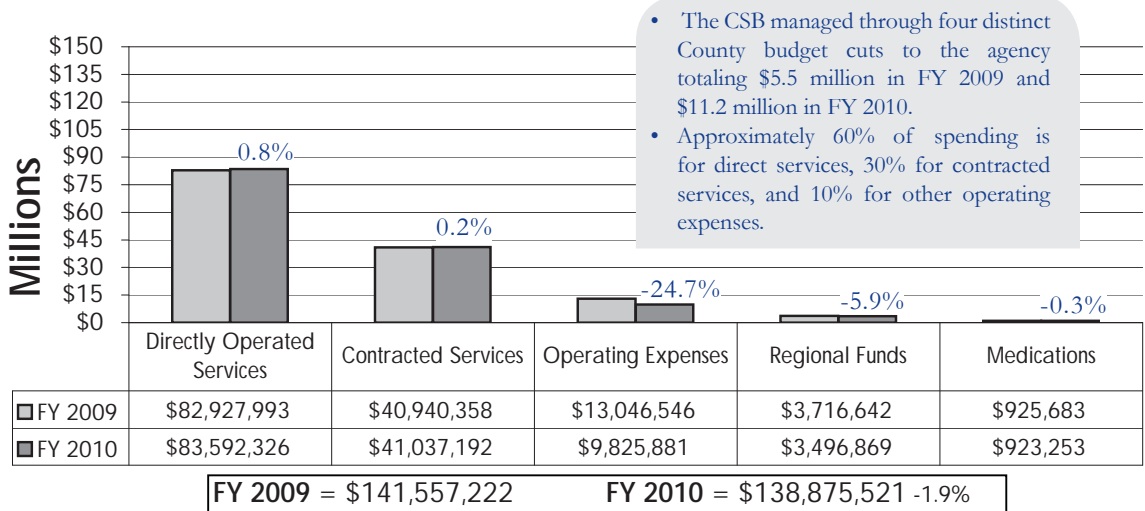
Unduplicated count of persons served across the whole agency in FY 2010 was 19,572

Financial Data

Revenues



Expenditures



Program Locations

Central Services Unit

12011 Government Center Parkway
Suite 836
Fairfax, Virginia 22035
703-324-7000, TTY 711

CSB Entry & Referral Services

3900 Jermantown Road, Suite 160
Fairfax, Virginia 22030
703-383-8500, TTY 711

Alcohol and Drug Services

Administrative Office

3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5477, TTY 711

Adult Services

Assessment and Referral Center
3900 Jermantown Road, Suite 201
Fairfax, Virginia 22030
703-383-8500, TTY 711

Fairfax Detoxification Center

4213 Walney Road
Chantilly, Virginia 20151
703-502-7000, TTY 703-322-9080

ADS Youth Services

8350 Richmond Highway, Suite 515
Alexandria, Virginia 22309
703-704-6707, TTY 703-322-9080

14150 Parkeast Circle, Suite 200
Chantilly, Virginia 20151
703-968-4000, TTY 703-322-9080

107 Park Place
Falls Church, Virginia 22046
703-533-5634, TTY 703-322-9080

1850 Cameron Glen Drive, Suite 500
Reston, Virginia 20190
703-481-4004, TTY 703-322-9080

Mental Health Services

Administrative Office

12011 Government Center Parkway
Suite 836
Fairfax, Virginia 22035
703-324-7095, TTY 711
703-573-5679 (24-hour emergency)

Chantilly Center

14150 Parkeast Circle
Chantilly, Virginia 20151
703-968-4000, TTY 703-968-4050

IMP Building

8850 Richmond Highway, Suite 202
Alexandria, Virginia 22309
703-704-7004, TTY 703-780-1417

Mental Health Services for Deaf & Hard of Hearing

8348 Traford Lane, Suite 400
Springfield, Virginia 22152
703-866-2100
703-886-2147 (TTY and Videophone)

Joe and Fredona Gartlan Center for Community Mental Health

8119 Holland Road
Alexandria, Virginia 22306
703-360-6910, TTY 703-799-4363

Northwest Center - Reston

1850 Cameron Glen Drive, Suite 600
Reston, Virginia 20190
703-481-4100, TTY 703-481-4110

South County Center

8350 Richmond Highway, Suite 415
Alexandria, Virginia 22309
703-704-6355, TTY 703-704-7022

Springfield Center

8348 Traford Lane
Springfield, Virginia 22152
703-866-2100, TTY 703-451-1245

Woodburn Center

3340 Woodburn Road
Annandale, Virginia 22003
703-573-0523
703-207-6976 (*en Espanol*)
703-207-7737 (TTY)

Intellectual Disability Services

Administrative Office

12011 Government Center Parkway
Suite 300
Fairfax, Virginia 22035
703-324-4400, TTY 703-324-4495

South County Location

8350 Richmond Highway, Suite 129
Alexandria, Virginia 22309
703-704-6000, TTY 711

Infant and Toddler Connection

3750 Old Lee Highway
Fairfax, Virginia 22030
703-246-7121, TTY 703-324-4495

Cooperative Employment Program

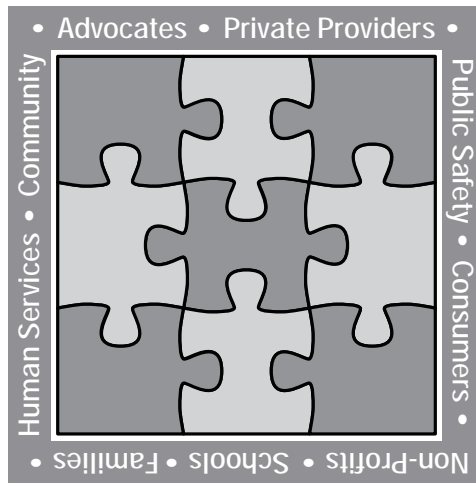
11150 Fairfax Boulevard, Suite 300
Fairfax, Virginia 22030-5066
703-359-1124, TTY 703-359-1126

Prevention Services

3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5477, TTY 711

Partners in Delivering Services

Alexandria Dental Care • ARC – Greater Prince William INSIGHT • Alexandria Community Services Board • Alternative House • Alzheimer’s Family Day Center • Anasazi Software • Arlington County Community Services Board • AxiomLink • Beaugard Medical Center • Behavioral Therapeutic Consultation Services • Benedictine School, Inc. • Bioethical Services of Virginia • Birmingham Green Adult Care Residence • Blue Ridge Speech and Hearing • Burke Family and Cosmetic Dentistry • Cardinal/Cedar House, Inc. • Care Resources • Center for Clinical and Forensic Services • Central Fairfax Services Inc. • Chesapeake Children’s Therapy Center • Childhelp USA • CHIMES Virginia • Community Living Alternatives, Inc. • Community Residences, Inc. • Community Systems, Inc. • Consumer Wellness Center of Falls Church • Contemporary Nursing Solutions • Contract Pharmacy Services • Copeland Center for Wellness & Recovery • Crislink • Crossroads Community Services Board • CSS, Inc. – Cardinal House • Delta-T Group • Didlake, Inc. • Dulles Family Medicine • Durman Associates • E-TRON Systems, Inc. • ECHO, Inc. • Educational Based Services • Fairfax County Department of Family Services • Fairfax County Department of Housing and Community Development • Fairfax County Department of Systems Management • Fairfax County Health Department • Fairfax County Juvenile and Domestic Relations Court • Falcon Express Transportation, Inc. • Family Preservation Services • Nora French, DMD Ltd. • Gabriel Homes, Inc. • George Mason University • George Washington University • General Medical Clinic • Gorman & Associates • Hartwood Foundation, Inc. • Hearing Health Center of Manassas • Heart Starts L.L.C. • Homestretch, Inc. • Inner Quest Inc. • Inova Treatment Services • Inova for Family Centered Services • Homes • Job Discovery, Inc. • Neighbors Ministry • Laboratory Lakeview Systems, Blue Ridge • NeuroCare • Langley Residential Mitchell Employment Center Virginia • Lockheed Martin County Community Services District • Marian Manor • Mary Inc. • New Year Technology, Inc. • Northern Virginia Family Mental Health Foundation • Commission • Northern Virginia On Our Own of Fairfax County, Phoenix House of the Mid-Atlantic, Inc. • Physician’s Billing and Collections, Inc. • Poplar Springs Hospital • Prince William County Community Services Board • Prince William Health System • Progressive Nursing Staffers of Virginia • PRS, Inc. • Rehabilitation Associates, P.C. • Resources for Independence of Virginia • Resourceful Futures • Reston Drop-In Center, Inc. • Reston Interfaith • River and Trail Outfitters • Royal Haven, Inc. • RPJ Housing Development Corporation • SHC Services, Inc. • Second Genesis, Inc. • ServiceSource, Inc. • Social Work, PRN • SOC Enterprises • Southern Virginia Regional Medical Center • St. Coletta Society of Greater Washington • St. John’s Community Services, Inc. • Shenandoah University • SkillSource Group, Inc. • Step by Step Pediatric Therapy Services • State of Arizona Veteran’s Affairs • Sun O. Suk, DDS • Sunrise at George Mason • Sunrise of Lorton • Supplemental Health Care • Therapy 4 Kids • Trilogi Integrated Resources, Inc. • United Community Ministries, Inc. • United Methodist Family Services • University of Virginia • Vanguard Professional Staffing • Vanguard Services Unlimited • Virginia Hospital Center • Virginia Ki Society • Virginia Psychiatric Company, Inc. (Dominion Hospital) • Virginia Tobacco Settlement Foundation • Visions Family Services • Volunteers of America – Chesapeake • Wall Residences • Wesley Housing Development Corporation • Wingspan, L.L.C. • Wood’s Services, Inc. • Wynbridge, Inc. • Zialogic



• ICON Community Services, Comprehensive Addiction Health Care Services • Institute Jewish Foundation for Group Joseph Hyde Consulting • Just Corporation of America • Lakeview Systems, Breezy Hill Support Services • Laurie • Legal Services of Northern Desktop Solutions • Loudoun Board • Luddington Area School Washington Hospital • MVLE, • Noble International Consulting Service • Northern Virginia Northern Virginia Regional Therapeutic Riding Program • Inc. • Pathway Homes, Inc. •

Community Services Board Members

FY 2009 and FY 2010 Board Officers

Lynne R. Crammer, M.A.
Chair
Fairfax County At-Large

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Vice Chair
City of Falls Church

Lori Stillman
Secretary
Springfield District

FY 2009 and FY 2010 Board Members

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Fairfax County At-Large

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Braddock District

Jean P. McNeal, Ed.D.
Dranesville District

Pamela Barrett
Fairfax County At-Large

Diane Engster, J.D.
Fairfax County At-Large

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Providence District

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Sully District

Woody Witt
City of Fairfax

Susan Beeman
Mason District

Glenn Kamber
Hunter Mill District

Major Mark Sites
Office of the Sheriff

Jessica Burmester
Braddock District

Martha Lloyd
Lee District

The Honorable Jane H. Woods
Fairfax County At-Large

CSB Executive Staff

George Braunstein
Executive Director

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Deputy Director and Interim Director, Mental Health Services

Colton Hand, M.D.
Medical Director

Allan Phillips
Director, Infant & Toddler
Connection

**William H. Williams, Jr., M.A.,
LCADC**
Director, Alcohol and Drug
Services

Ginny Cooper
Enterprise Director

**Cathy P. Pumphrey, M.A.,
L.P.C.**
Director, Planning and
Information Management

Alan D. Wooten, M.P.A.
Director, Intellectual Disability
Services

David Mangano
Director, Consumer and Family
Affairs

**James P. Stratoudakis, Ph.D.,
LCP**
Director, Quality Improvement &
Emergency Management

Laura Yager
Director, Business & Partnership
Development

**Louella Meachem, MSN
PMHCNS-BC**
Director, Nursing Services

This publication can be made available in alternative format upon request.

*Please call 703-324-7000 or TTY 711 and
allow a reasonable period of time for preparation of the material.*

Numbers to call for help for yourself or someone you care about...

24-Hour CSB Emergency Services

Phone: 703-573-5679/TTY: 703-207-7737

CSB Entry and Referral Services

Phone: 703-383-8500/TTY: 711

Fairfax Detoxification Center

Phone: 703-502-7000/TTY: 703-322-9080

Alcohol and Drug Assessment and Referral Center

Phone: 703-359-7040/TTY: 703-322-9080

Infant and Toddler Connection of Fairfax-Falls Church

Phone: 703-246-7121/TTY: 703-324-4495

Intellectual Disability Services

Phone: 703-324-4400/TTY: 703-324-4495

Prevention Services

703-934-5477/TTY: 703-322-9080

Fairfax-Falls Church Community Services Board

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