

LOCK MEDS. LOCK GUNS. TALK SAFETY.

61%

of people who die
by suicide use
firearms

19%

of people who die
by suicide
overdose on
medications

Lock it up: Prevent suicides by restricting access to firearms and poisons. Get free cable and trigger locks, medication lock boxes and locking pill bottles.

Talk it out: Learn how to have tough conversations about suicide and mental health that can help save lives.

Sign up: Attend Mental Health First Aid and REVIVE! opioid overdose education training.

To get locks for medications/firearms, or to sign up for training events, visit www.fairfaxcounty.gov/community-services-board/prevention or email CSBPrevention@fairfaxcounty.gov

If you or someone you know is experiencing a mental health crisis:

- Call the National Suicide Prevention Lifeline at 1-800-273-TALK; press 1 for the Veterans Crisis Line; Español 1-888-628-9454.
- Text CONNECT to 855-11.
- Call the CSB Emergency Services 24/7 at 703-573-5679, TTY 711.



FAIRFAX - FALLS CHURCH

**Community
Services Board**



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. Call 703-324-7000, TTY 711.



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