

LRP Reporting Month: _____		School: _____		Staff: _____	
GOALS	Healthy Relationships	Goal Setting	Coping Strategies	Use and Attitudes	
<b>SKILLS</b>	1. Empathy 2. I-messages 3. Communication 4. Body Language 5. Peer support 6. Adult support 7. Peer refusal skill 8. Conflict resolution 9. Respecting others	1. Decision making 2. Flexibility 3. Self-efficacy 4. Persistence 5. Overcoming obstacles 6. Short-term planning 7. Long-term planning 8. Recognizing strengths 9. Values	1. Anger management 2. Stress management 3. Delay gratification 4. Self-soothing 5. Self-esteem 6. Honesty 7. Creativity 8. Awareness/insight 9. Spirituality	1. Alcohol 2. Tobacco 3. Other Drugs 4. Violence	

**Adventure Activity Date:** \_\_\_\_\_ **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Community Service Activity Date:** \_\_\_\_\_ **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Group Date:** \_\_\_\_\_ **Co-facilitator Attended:** Yes/No **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Group Date:** \_\_\_\_\_ **Co-facilitator Attended:** Yes / No **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Group Date:** \_\_\_\_\_ **Co-facilitator Attended:** Yes / No **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Group Date:** \_\_\_\_\_ **Co-facilitator Attended:** Yes / No **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

\_\_\_\_\_

**Group Date:** \_\_\_\_\_ **Co-facilitator Attended:** Yes / No **Attendance:** \_\_\_\_\_

Goal: \_\_\_\_\_

Skills: \_\_\_\_\_

Outcome: \_\_\_\_\_

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