

Fairfax County School Health Promotion January/February Morning Announcements



“Stay Healthy. Wash Your Hands!”

Morning Announcements ES

Student 1: *ACHOO!* (sneezes)

Student 2: Eww, did you just sneeze into your hands? You need to go wash them right now.

Student 1: What do you mean?

Student 2: Don’t you remember what the nurse taught us when she came to our class?

Student 1: No?

Student 2: Remember we need to sneeze into our sleeve so we don’t get germs on our hands and spread them to others.

Student 1: Oh yeah! Now I remember! But why do I need to go wash my hands now? I wiped them off.

Student 2: You still have germs on your hands. Just because you can’t see them, it doesn’t mean they aren’t there.

Student 1: Okay, I’ll go wash my hands.

Student 2: Remember these simple steps to washing hands: Wet, Soap, Scrub, Rinse, and Dry!

Student 1: That’s right! I need to make sure I scrub with soap for 20 seconds.

Student 2: How do we know when it is 20 seconds again?

Student 1: You can sing the ABCs or Happy Birthday twice.

Student 2: That’s right! It’s almost lunch time... let’s go wash our hands!

Hashtag:

#ffxhealthykids

