

# May 2024




FAIRFAX COUNTY PARK AUTHORITY  
**REC CENTERS**  
*Aquatics*

**AUDREY MOORE POOL  
 CALENDAR**

8100 Braddock Road Annandale, Virginia  
 AQUATICS DIRECTOR: HOWIE ABASTO

703-321-7081 [AUDREY MOORE REC CENTER](mailto:HOWARD.ABASTO@FAIRFAXCOUNTY.GOV)  
 (HOWARD.ABASTO@FAIRFAXCOUNTY.GOV)

SUNDAY 9:00am–6:00pm	MONDAY 6:30am–9:00pm	TUESDAY 6:30am–9:00pm	WEDNESDAY 6:30am–9:00pm	THURSDAY 6:30am–9:00pm	FRIDAY 6:30am–9:00pm	SATURDAY 9:00am–6:00pm
FCPA REC CENTER CALENDARS 			01	02	03	04 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM
	545PM-8PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					
05 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM 3:00PM-6:00PM	06	07	08	09	10	11 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM
545PM-8PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL						
12 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM 3:00PM-6:00PM	13	14	15	16	17	18 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM
545PM-8PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL						
19 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9:00AM–12:30PM 3:00PM-6:00PM	20	21	22	23	24	25 No SCHEDULED CLASSES
545PM-8PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL						
26 No SCHEDULED CLASSES	27 HOLIDAY REC CENTER AND POOL CLOSING AT 6:00 PM	28	29	30	31	Diving Boards Public Hours Mon-Fri: 1:30p-3:30p Subject to change
545PM-8PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL						

**Know Before You Go!**

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

# Audrey Moore RECenter

**SATURDAY**

**4-May**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes											
Dive Well				Deep Lanes		Lap Lanes										Shallow End													
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4										
9:00 AM				NVN until 10														9:00 AM											
9:30 AM																		9:30 AM											
10:00 AM																		FCPA Classes 9:00am-1:00pm											
10:30 AM																													
11:00 AM																													
11:30 AM																													
12:00 PM								Adaptive Swim & Special Olympics noon-1pm(5SC); 1-2pm(6SC) & 2-3pm(5SC)														12:00 PM							
12:30 PM																						12:30 PM							
1:00 PM				FCPA Classes - Springboard Diving & Lifeguard Training								Aquatic Adventures 1pm-4:30pm 3(SC)														1:00 PM			
1:30 PM																										1:30 PM			
2:00 PM																										2:00 PM			
2:30 PM																										2:30 PM			
3:00 PM																										3:00 PM			
3:30 PM																										3:30 PM			
4:00 PM								Forest Hollow 4-5pm (6SC)														4:00 PM							
4:30 PM																REC Swim										4:30 PM			
5:00 PM												Ravensworth 5-6pm (5SC)														5:00 PM			
5:30 PM																										5:30 PM			
6:00 PM				Rolling Hills Dive 6-7pm				Rolling Hills Swim 6-7pm 3(SC)		FISH 6-7pm(4SC)														6:00 PM					
6:30 PM																						6:30 PM							
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4										
Dive Well				Deep Lanes		Lap Lanes										Shallow End													

# Audrey Moore RECenter

**SATURDAY**  
**11-May**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes					
Dive Well				Deep Lanes		Lap Lanes										Shallow End							
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4				
NVN until 10																				FCPA Classes 9:00am-1:00pm			
FCPA Classes - Springboard Diving				Adaptive Swim & Special Olympics noon-1pm(5SC); 1-2pm(6SC) & 2-3pm(6SC)		Diventures 1pm-3:00pm 3(SC)																	
Parliament Dive 5-6pm				Diventures 3pm-6:00pm 3(SC)		Forest Hollow 4-5pm (6SC)				Ravensworth 5-6pm (5SC)				Canterbury Woods 5-6pm (3SC)									
Rolling Hills Dive 6-7pm				Rolling Hills Swim 6-7pm 3(SC)		FISH 6-7pm(4SC)																	
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4				
Dive Well				Deep Lanes		Lap Lanes										Shallow End							

# Audrey Moore RECenter

**SUNDAY**  
5-May

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes					
Dive Well				Deep Lanes		Lap Lanes										Shallow End							
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4				
9:00 AM	FCPA Classes - Springboard Diving					FCPA Classes 9:00am-1:00pm					FCPA Classes 9:00am-1:00pm										9:00 AM		
9:30 AM				9:30 AM																			
10:00 AM				10:00 AM																			
10:30 AM				10:30 AM																			
11:00 AM	FCPA - Deep Water Exercise																			11:00 AM			
11:30 AM	Dominion Dive ( well ) 12-1pm																			11:30 AM			
12:00 PM				12:00 PM																			
12:30 PM	AQADV 1:00pm- 4:30pm (well)																			12:30 PM			
1:00 PM																						1:00 PM	
1:30 PM																							1:30 PM
2:00 PM																							2:00 PM
2:30 PM	FCPA Classes 1:00p-3:30p																				2:30 PM		
3:00 PM																						3:00 PM	
3:30 PM																							3:30 PM
4:00 PM																							4:00 PM
4:30 PM																					4:30 PM		
5:00 PM																					5:00 PM		
5:30 PM																					5:30 PM		
6:00 PM	Burke Ct Penguins 6-7pm 4(SC)			Burke Centre Stingers 6-7pm 5(SC)		Rutherford 7pm 4(SC)		Walden Glen 4-5pm (3SC)		Brandywine 5-6pm (3SC)		Kings Ridge 5-6pm 4(SC)		Wakfield Chapel 5pm 4(SC)		Edsall Park 6-7pm 3(SC)		Lake Braddock 6-7pm 4(SC)		FCPA Classes & Open Swim		6:00 PM	
6:30 PM																						6:30 PM	
7:00 PM	Long Branch 8pm (5SC)			Parliament 7-8pm (3SC)																		7:00 PM	
7:30 PM						7:30 PM																	
	D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4			
	Dive Well				Deep Lanes		Lap Lanes										Shallow End						

# Audrey Moore RECenter

**SUNDAY**  
12-May

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is subject to change and is only applicable to the day and date range provided.

LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes															
Dive Well				Deep Lanes		Lap Lanes										Shallow End																	
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4														
9:00 AM	FCPA Classes - Springboard Diving					FCPA Classes 9:00am-1:00pm					FCPA Classes  9:00am-1:00pm										9:00 AM												
9:30 AM																																9:30 AM	
10:00 AM																																	10:00 AM
10:30 AM																																	10:30 AM
11:00 AM	FCPA - Deep Water Exercise																				11:00 AM												
11:30 AM																					11:30 AM												
12:00 PM	Dominion Dive ( well ) 1pm																				12:00 PM												
12:30 PM																					12:30 PM												
1:00 PM	Diventures 1:00pm- 5:00pm (well)																				1:00 PM												
1:30 PM																							1:30 PM										
2:00 PM																								2:00 PM									
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	D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4													
	Dive Well				Deep Lanes		Lap Lanes										Shallow End																

# Audrey Moore RECenter

**MONDAY**

**6-May**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes						
		Dive Well				Deep Lanes		Lap Lanes										Shallow End				
		D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4	
6:30 AM																						6:30 AM
7:00 AM																						7:00 AM
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		D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4	
		Dive Well				Deep Lanes		Lap Lanes										Shallow End				



# Audrey Moore RECenter

**TUESDAY**

7-May

The chart below designates availability of pool spaces for lap lanes as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is subject to change and is only applicable to the day and date range provided.

LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes			
Dive Well				Deep Lanes		Lap Lanes										Shallow End					
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4		
6:30 AM						L-4 Masters				Machine				6:30AM							
7:00am						6:30-7:30am (4SC)				6:30-7:45am 4(SC)				7:00AM							
7:30 AM																7:30 AM					
8:00 AM				Deep Water Ex AREA												8:00 AM					
8:30 AM																8:30 AM					
9:00 AM																Shallow Water Ex Area					
9:30 AM																9:30 AM					
10:00 AM																10:00 AM					
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11:00 AM																FCPA Classes: Arthritis Water Exercise					
11:30 AM																11:30 AM					
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1:30 PM																1:30 PM					
2:00 PM				Public Springboard Dive Time												2:00 PM					
2:30 PM																2:30 PM					
3:00 PM																3:00 PM					
3:30 PM																3:30 PM					
4:00 PM						Machine										4:00 PM					
4:30 PM						3:30pm - 5:30pm (10SC)										4:30 PM					
5:00 PM																5:00 PM					
5:30 PM						FISH		Marlins				FCPA Classes 5:30pm-8:15pm				5:30 PM					
6:00 PM						5:30-6:30pm (4SC)		5:30pm - 8:30pm (4SC)				6:00 PM									
6:30 PM																6:30 PM					
7:00 PM				NVN Synchronized Swimming								FCPA Classes 5:30pm-8:15pm				7:00 PM					
7:30 PM				6:30pm - 9:00pm								7:30 PM									
8:00 PM				(Well + 1 lane)				L-4 Masters				8:00 PM									
8:30 PM								8-9pm (3SC)				8:30 PM									
8:30 PM																8:30 PM					
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4		
Dive Well				Deep Lanes		Lap Lanes										Shallow End					

# Audrey Moore RECenter

WEDNESDAY

8-May

The chart below designates availability of pool space for lap lanes as well as recreational pool users. Please see the legend below for assistance based on your recreational interest. For special events or holiday schedules, please refer to our pool calendar. A minimum of 2 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is subject to change and is only applicable to the day and date range provided.

		LEGEND				Recreational Play/Swim/Dive				Lap Swim / Water Walking ONLY										FCPA Classes					
		Dive Well				Deep Lanes		Lap Lanes										Shallow End							
		D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4				
6:30 AM							L-4 Masters 6:30-7:30am (4SC)										Machine 6:30-8:00am 4(SC)						6:30 AM		
7:00 AM																							7:00 AM		
7:30 AM																							7:30 AM		
8:00 AM																							8:00 AM		
8:30 AM																							8:30 AM		
9:00 AM																	Aerobic Water Ex						9:00 AM		
9:30 AM																							9:30 AM		
10:00 AM																	Water Walking						10:00 AM		
10:30 AM																							10:30 AM		
11:00 AM	FCPA Classes: Deep Water Exercise																						11:00 AM		
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4:00 PM							FISH 4:30-5:30pm (5SC)				Machine 4:00pm - 5:30pm (5SC)										4:00 PM				
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6:00 PM							FISH 5:30-7:30pm (4SC)				Marlins 5:30pm - 8:00pm (5SC)				FCPA Classes 5:30pm-8:30pm						6:00 PM				
6:30 PM																					6:30 PM				
7:00 PM																					7:00 PM				
7:30 PM	DCUW Rugby 7:30-9:00pm (3SC)						SHARK TANK 7:30pm-9:00pm (4SC)														7:30 PM				
8:00 PM																					8:00 PM				
8:30 PM																					8:30 PM				



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# Audrey Moore RECenter

**THURSDAY**

9-May

The chart below designates availability of pool spaces for lap lanes as well as recreational pool users. Please see the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is subject to change and is only applicable to the day and date range provided.

LEGEND				Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Classes															
Dive Well				Deep Lanes		Lap Lanes										Shallow End					
D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4		
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D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4		
Dive Well				Deep Lanes		Lap Lanes										Shallow End					



# Audrey Moore RECenter

**FRIDAY**  
**10-May**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 2 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is **subject to change** and is only applicable to the day and date range provided.

LEGEND		Recreational Play/Swim/Dive					Lap Swim / Water Walking ONLY										FCPA Classes								
		Dive Well				Deep Lanes		Lap Lanes										Dive Well							
	D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4					
6:30 AM																	<b>Machine</b> 6:30-8:00am 4(SC)					6:30 AM			
7:00 AM																						7:00 AM			
7:30 AM																						7:30 AM			
8:00 AM																						8:00 AM			
8:30 AM																						8:30 AM			
9:00 AM																	<b>Aerobic Water Ex</b>					9:00 AM			
9:30 AM																						9:30 AM			
10:00 AM																	<b>Water Walking</b>					10:00 AM			
10:30 AM																						10:30 AM			
11:00 AM											Adaptive						<b>ADAPTIVE AQUATICS</b> 11:00am-noon					11:00 AM			
11:30 AM																						11:30 AM			
12:00 PM																						12:00 PM			
12:30 PM																						12:30 PM			
1:00 PM																						1:00 PM			
1:30 PM																						1:30 PM			
2:00 PM	<b>Public Springboard Dive Time</b>																					2:00 PM			
2:30 PM																									2:30 PM
3:00 PM																						3:00 PM			
3:30 PM																						3:30 PM			
4:00 PM																						4:00 PM			
4:30 PM							<b>FISH</b> 4:00pm - 5:30pm 4(SC)				<b>Marlins</b> 4:00pm-5:30pm (6SC)									4:30 PM					
5:00 PM																						5:00 PM			
5:30 PM																						5:30 PM			
6:00 PM																						6:00 PM			
6:30 PM	<b>NVN Synchronized Swimming</b> 6:30pm - 9:00pm (Full Well)																					6:30 PM			
7:00 PM																			Seaperch 6:30-7:30pm	<b>FCPA CLASSES</b> 5:00pm-8:00pm					7:00 PM
7:30 PM																									
8:00 PM																						8:00 PM			
8:30 PM																						8:30 PM			
	D6	D5	D4	D3	D2	D1	1	2	3	4	5	6	7	8	9	10	S1	S2	S3	S4					
	Dive Well				Deep Lanes		Lap Lanes										Shallow End								