

## A message from Kathy Smith

The Virginia Department of Transportation (VDOT) will hold a meeting on Monday, November 18, 2019 from 6:30 to 8:30 p.m. at Stone Middle School to discuss the upcoming traffic pattern changes, detours, and construction activity associated with the I-66 Outside the Beltway Project in the Centreville area. A brief presentation will begin at 7:00 p.m. More information about this meeting is below in the "Reminders" section.

Sincerely,

Kally

## Reminders!

**VDOT: Centreville Area Construction Update Meeting:** 

Date: Monday, November 18, 2019

**Time:** 6:30 to 8:30 p.m.

Location: Stone Middle School (5500 Sully Park Drive, Centreville, VA 20120)

### Learn more about:

- Upcoming long term traffic pattern changes and detours at the Route 28 and Route 29 Centreville interchanges
- Upcoming construction activities along Route 28 corridor
- Route 29 Centreville partial bridge demolition

A brief presentation will begin at 7:00 p.m. For questions about construction activities, contact the Virginia Department of Transportation (VDOT) at 703-662-3892 or send an email to <a href="Outreach@fam66.us">Outreach@fam66.us</a>.

### Sully's Thanksgiving Food Drive:

Sully District Station is hosting a food drive to benefit Western Fairfax Christian Ministries' (WFCM) holiday meal program. Please drop off any of the following items in the station lobby (4900 Stonecroft Boulevard, Chantilly, VA 20151) anytime day or night.

- Canned vegetables (prefer corn, peas, mixed vegetables)
- Potatoes (instant)
- Gravy (jar, can, or packet)
- Stuffing (box/bag)
- Yams
- Cranberry Sauce
- Fresh fruit (apples, oranges)
- Brownie/cake mix
- Frosting for cake mix

We will be collecting donations until Thursday, November 21, 2019. Thank you for your continued support!

### Fairfax Connector Reston-Herndon Bus Service Review:

The <u>Fairfax County Department of Transportation</u> (FCDOT) needs public input on alternatives developed to provide enhanced Fairfax Connector bus service in the Reston and Herndon areas, including connections to the future <u>Metrorail Silver Line Phase 2 stations</u> in Herndon and Reston.

Residents are encouraged to provide input on the service alternatives by filling out an <u>online survey</u>. **The survey will be open from October 23 to November 30, 2019.** Comments can also be mailed to: Fairfax County Department of Transportation, 4050 Legato Road, Suite 400, Fairfax, VA 22033. For more information, <u>click here</u>.

# New Intensive Outpatient Program Launches at CSB's Chantilly Office



A new substance abuse intensive Outpatient Program (IOP) launched last month at the <u>Fairfax-Falls Church Community Services Board</u>'s (CSB) <u>Chantilly office</u> to provide a more in-depth level of services in the southwestern part of Fairfax County for individuals in recovery from mental health and substance use issues.

The group, which will serve both men and women, meets three days per week (Mondays, Tuesdays, and Thursdays) from 9:00 a.m. to 12:00 p.m. and is facilitated by Senior Clinicians Raymond Paden, LPC, and Karen Roessler, LPC. Ray and Karen bring to the group over 50 years combined experience in the field.

Chantilly IOP is unique in that although the group is coeducational, gender-specific treatment and education is also being provided as part of the curriculum one day per week. In addition, because many people seeking help for mental health and substance use issues have survived trauma, the evidence-based Trauma Recovery and Empowerment (TREM) treatment protocol is woven into the services. The program is sixteen weeks long with rolling admission, though service length can vary based on individual needs. Regular individual sessions provide supplemental support.

Are you concerned about a substance use or mental health issue in yourself or someone you care about? <u>Take a quick, confidential online assessment</u> to see if additional help is needed. You can also call CSB's Entry & Referral Call Center at 703-383-8500 (TTY 711) weekdays from 9:00 a.m. to 5:00 p.m. Individuals can also come in person, without prior appointment, to be screened for services at CSB's Entry & Referral Services at the <u>Merrifield Center</u> Monday through Friday, 9:00 a.m. to 5:00 p.m. (<u>Learn what happens during an assessment</u>.)

In a mental health emergency, call CSB's <u>Emergency Services</u> at 703-573-5679 (TTY 711) any time, 24/7, or come directly to the Merrifield Center). In a substance use emergency call the <u>Fairfax Detoxification Center</u> any time, 24/7, at 703-502-7000 (TTY 703-322-9080). **Call 911 if immediately life-threatening and ask for Crisis Intervention trained officer.** 

To read the full article, click here.

# **Volunteer Opportunity**



# **Tax Preparer at Chantilly Library**

Join the Volunteer Income Tax Assistance (VITA) Program as a Tax Preparer and help low income families in your area file their taxes for free.

Free tax preparation training. All volunteers must certify at either the Basic or Advanced tax preparation level. Minimum age: 18. Deadline to apply is February 15, 2020.

### Location:

Chantilly Regional Library 4000 Stringfellow Road Chantilly, VA 20151

### **Contact:**

Mal Williams, Volunteer Coordinator 703-533-5702 mal.williams@fairfaxcounty.gov

## **Sully Land Use Spotlight**



### **Upcoming Meetings:**

### **Planning Commission Meeting:**

The Planning Commission will meet on **Wednesday, November 20, 2019** at 7:30 p.m. at the Fairfax County Government Center (12000 Government Center Parkway, Fairfax, VA 22035) in the Board Auditorium. The meeting will be broadcast live on <u>Channel 16</u>. There is currently one Sully District application on the <u>agenda</u>. More information is below.

### PCA 84-S-038-02 (Dominion Electric Supply Company, Inc.) -

This property is located on 3.59 acres zoned I-5, HC, WS, and AN in the Sully District. The application is to amend PCA 84-S-038, previously approved for warehousing with associated office and retail uses, to permit modifications to the approved proffers and site design. County staff recommends approval of PCA 84-S-038-02, subject to the proffers contained in Appendix 1 of the staff report.

# Programs to Support 80,000 Veterans and Their Families



There are an estimated 80,000 military veterans who live in Fairfax County, according to the U.S. Census Bureau. Their service to our nation ranges from World War II to the conflicts in today's news. We provide and support a number of veterans services and programs. <u>Click here</u> to learn more about veteran demographics in Fairfax County.

### **Employment, Training, and Other Resources:**

- Veterans Preference for Fairfax County Government jobs.
- Service members receive free RECenter admissions on Veterans Day.
- The <u>Human Services Resource Guide</u> includes a comprehensive list of services available for veterans.
- Veterans Business Outreach Center
- <u>SkillSource one-stop employment centers</u>
- Veterans Employment Initiative
- The <u>Economic Development Authority</u> has resources to help veterans interested in becoming an entrepreneur. Call 703-790-0600 (TTY 711) for an appointment; ask for a SCORE counselor.

- Entrepreneurship 101: Starting a Business in Fairfax County workshops
- The Virginia Department of Veterans Services

### Tax Relief:

<u>Personal property</u> (car) and <u>real estate</u> tax relief is available to disabled veterans and spouses of veterans killed in action who meet qualifications.

To read the full article, click here.

## **Video: Features of the New Library Catalog**



Our new library catalog includes several features we think will make library customers happy. This system will integrate both physical items and electronic items, so you can search for books, eBooks and eAudiobooks all in the same place. You will also be able to see all your checked-out items in one customer account screen. For more details about the new library catalog, <u>click here</u>.

# F.A.S.T. Partners with Non-Profit to Collect Sneakers for Local Athletes



For the second year, <u>Fairfax Athletes Stand Together</u> (F.A.S.T.) is partnering with non-profit Sharing Shoes to collect new and gently used sneakers for local athletes. This campaign, culminating in a free basketball clinic on December 1, 2019 aligns with F.A.S.T.'s mission to provide those in need with quality-of-life essentials such as food and clothing.

F.A.S.T. is a collaborative network of county government, community non-profits, and athletic organizations that support under-served populations in Fairfax County. The group began partnering with Sharing Shoes in October 2018 and helped collect and distribute over 300 pairs of shoes last year.

Registration is now open for the second annual <u>Sharing Shoes Basketball Clinic</u>, scheduled for <u>Sunday</u>, <u>December 1</u>, <u>2019 at Paul VI Catholic High School (10675 Fairfax Boulevard</u>, <u>Fairfax</u>, <u>VA 22030) from 10:30 a.m. to 12:30 p.m.</u> The free clinic is open to kids in 3rd through 8th grades, and registration is required. New and gently used basketball shoes will be collected during the event.

In addition to helping collect the shoes, F.A.S.T. will work with the Chantilly Youth Association to distribute athletic footwear to Fairfax County athletes and those in need.

To register for the basketball clinic and/or donate sneakers at the event, click here.

To read the full article, click here.

## The Walkway System in Fairfax County



The walkway system in Fairfax County consists of sidewalks, trails, and pedestrian bridges, along with their associated steps, handrails, handicap ramps, or signs.

### Maintenance:

Sidewalks in the public street right-of-way (i.e., alongside public roads) generally are maintained either by the <u>Virginia Department of Transportation</u> (VDOT) or the county's Maintenance & Stormwater Management Division. All public sidewalks constructed prior to 1981 are maintained by the state. Sidewalks along private roads, as in many homeowner/civic associations or commercial properties, are the property owner's responsibility.

Maintenance of trails (generally asphalt, stone dust, wood chip, or natural surface) and pedestrian bridges may fall under different authorities such as the state, the county, Fairfax County Public Schools, Fairfax County Park Authority, the Northern Virginia Regional Park Authority, homeowner/civic associations, or private property owners.

**Note:** All vehicular bridges in public roadways are maintained by the <u>Virginia Department of</u> Transportation.

For assistance determining maintenance responsibility for a sidewalk, trail or pedestrian bridge, use the <u>online Walkway Maintenance Request Form</u> or call the Maintenance & Stormwater Management Division at 703-877-2800 (TTY 711).

### **Requesting a New Trail or Sidewalk:**

For information about requesting new walkways, contact the <u>Department of Transportation</u> <u>Pedestrian Program</u>, 703-877-5600 (TTY 711).

## **Living With Wildlife**



Please remember that it is illegal to keep or care for <u>orphaned, sick, or injured wildlife</u> unless you are a <u>licensed wildlife rehabilitator</u>. It takes specialized knowledge and training to care for a wild animal. One of those rehabilitators in the Fairfax County area is the Wildlife Rescue League.

Remember, <u>do not feed the wildlife</u>. There are state regulations pertaining to authorized feeding of wildlife, including deer and bears.

Information on resolving conflicts with wildlife is provided by the <u>Virginia Department of Game and Inland Fisheries</u> (VDGIF). There are laws and guidelines governing the trapping of nuisance wildlife, and a list of <u>licensed wildlife trappers</u> is available on the VDGIF website. The Virginia Wildlife Conflict Helpline phone number is 855-571-9003. This helpline is staffed by wildlife specialists who can help identify wildlife damage and recommend solutions.

Diseases spread by animals fall under the domain of the Fairfax County Health Department.

The Health Department has information about <u>rabies</u>, <u>ticks and Lyme disease</u>, and <u>diseases</u> carried by insects.

County staff often receive inquiries or requests for removal of dead animals on private property or roadways. County staff can provide guidelines on <u>animal carcass disposal/burial on private property</u>, but staff do not remove dead animals. For animal carcasses on a state road, contact the <u>Virginia Department of Transportation</u>.

To read the full article, click here.

### The Color of Trees and Fall Leaves



One of the great pleasures of living in the Eastern United States is the fall color display of our deciduous forests. While this autumnal display is beautiful to the eye, it is also a beautiful interplay of biology, chemistry, and physics; and that interplay starts well before the fall.

Let's look at the biology of deciduous trees. Deciduous trees have evolved the ability to capture solar energy and convert it to bio-chemical energy through the process of photosynthesis. Deciduous trees have evolved the strategy of dealing with the cold temperatures and low light of winter by doing dormant and losing their leaves. Before leaves fall they undergo a process of senescence where sugars, starches, nutrients, and other valuable compounds are sent back into the tree for winter storage and re-use in the spring.

Several things happen in the fall to create the color changes we see, and much of it has to do with chlorophyll. Chlorophyll is a delicate molecule and is easily damaged BIV (blue, indigo, violet) light, so leaves contain carotenoids. Carotenoids, which consist of xanthophylls and carotenes, are tough molecules that strongly absorb BIV light and protect chlorophyll.

The cooler nights and shorter days of fall signal the leaves it is time for senescence, so they begin to produce enzymes that help dismantle chlorophyll and send the pieces back into the tree. But chopping up chlorophyll produces free radicals, so the leaves also produce more carotenoids to protect the leaf tissues from the radicals. As the leaves lose chlorophyll, the colors of the carotenoids start to come through – xanthophyll yellow and carotene orange.

Fall leaves also produce anthocynins, which are red to purple in color. Anthocynins do not contribute energy to photosynthesis, but are antioxidants and do provide protection from energetic BIV and ultra-violet photons. Anthocynins tend to be created as a stress reaction and contain sugars. Therefore, they are more likely to be present in larger quantities in outer canopy leaves and species that produce more sugars, like maples and sweetgums. Also cooler nights and sunny days provide the stress and energy to increase production of anthrocynins and carotenoids that makes a brighter display of color.

The color of trees is an important indicator of health. All of the pigments mentioned here require energy and resources to create and maintain. When trees are stressed or unhealthy it affects the maintenance and creation of these compounds and causes trees to be off color or dull. To the trained human eye it means the tree needs some help; to the trained insect eye it means dinner is served.

To read the full article, click here.





## What are Invasive Plants?

A plant is a plant, right? Unfortunately, not all plants are universally beneficial. When plants are imported from other parts of the world, either accidentally or on purpose, they have the chance to escape into the natural environment. When they are able to take root, these newcomers have the potential to overwhelm the existing environment. They especially thrive where the existing natural forest has been altered or disturbed, which is common in urban and suburban areas.

Invasive plants have different impacts on their environment but are usually characterized by a few factors: unrestricted growth and no predators. These qualities allow them to outgrow native vegetation and even stifle forest regeneration by out-competing young trees. Some invasive plants even produce toxic compounds which inhibit other plants from growing. Over many generations, existing forests may disappear if continuously overrun with invasive plants.

What can you do? You can do your part by removing these plants from your property. Do not purchase or install plants that may become invasive (see the list for Northern Virginia here: <a href="https://www.dcr.virginia.gov/natural-heritage/invsppdflist">https://www.dcr.virginia.gov/natural-heritage/invsppdflist</a>). There are also volunteer opportunities to help take back the forest from invasive plants in local parks. Stay tuned for another article which will highlight several invasive plants and how to manage them.

For more information or if you are interested in volunteer events, please visit Fairfax County Park Authority's invasive management website: <a href="https://www.fairfaxcounty.gov/parks/invasive-management-area">https://www.fairfaxcounty.gov/parks/invasive-management-area</a>. Or call the Urban Forester of the Day at 703-324-1770, TTY 711.

### **Animal Shelter Corner**



## Meet Oscar and Murphy!

Meet Oscar and Murphy! These two little old men have lived together and been best friends most of their lives! And we don't plan to change that! They are friendly, laid back lap dogs who are loving, snuggly, and playful. They have occasional spats--like all siblings do--but they always make up with a little cuddling session. Murphy (the beagle) loves to chat with whomever will listen, and Oscar will jump up to give you hugs.

They are at the shelter because they were becoming less tolerant of the small children in the home. We can understand that! They're getting older and don't take to rough housing like they once did, so they got a little grumpy. And being older, they of course come with some seemingly manageable age-related issues to keep an eye on--we'll go over that with you when you come for a visit. They would love to find a nice quiet retirement home where they can hang out, go for walks, maybe spend a little time in the yard, and just be together--with YOU!

For more information about Oscar and Murphy, contact the Fairfax County Animal Shelter at 703-830-1100 or send an email to AnimalShelter@fairfaxcounty.gov.