

## *Sull-E Newsletter*



### **A message from Kathy Smith**

Summer break is starting to wind down and it is almost time for kids to go back to school. This weekend, from August 4-6, is a sales tax holiday in Virginia. It is a great time to save money on school supplies as well as emergency preparedness supplies. The list of qualifying items is below.

Included in this week's newsletter is an important video on how to spot the signs of opiate addiction, an article on ways to safely dispose of unused prescription medication, and other tips to keep you and your family safe.

This weekend is also the start of the Starlight Drive-in Cinema. These events are free and gates open at 6:00 p.m. This Saturday, August 5, Moana will be playing at the Trinity Centre: 5860 Trinity Parkway, Centreville, VA. I hope you can come out and enjoy a movie under the stars.

Sincerely,

*Kathy*

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**FREE!**

FAIRFAX COUNTY PARK AUTHORITY

# Summer Entertainment Series

## Starlight Cinema



Saturday Evenings in August • 6:00 p.m.  
Trinity Centre 5860 Trinity Pkwy, Centreville

Welcome to another exciting season of Starlight Drive-in Cinema. These movie nights bring the community together and nurture community spirit with features that appeal to both children and adults. Our 2017 season provides four movies, free for the public to enjoy. The atmosphere is relaxed and informal. Feel free to bring a picnic, blanket and chairs, and enjoy the movies. To volunteer, please contact my office at 703-814-7100. I look forward to seeing you as we watch "Movies under the Stars!"

Kathy L. Smith, Sully District Supervisor

### FREE Drive-In Movies!

Gates open 6 p.m., movie starts at dark.

Free children's games and rides. Food and drinks available for purchase.

Bring your own lawn chairs, blankets and FM radio, if you wish to sit outside. Consumption of alcohol is not permitted.



#### AUGUST 5 - MOANA

PG | 113 min | Animation, Adventure, Comedy  
Walt Disney Pictures | 2016

In Ancient Polynesia, when a terrible curse incurred by the Demigod Maui reaches an impetuous Chieftain's daughter's island, she answers the Ocean's call to seek out the Demigod to set things right.



#### AUGUST 12 - FINDING DORY

PG | 103 min | Animation, Adventure, Comedy  
Walt Disney Pictures | 2016

The friendly but forgetful blue tang fish, Dory, begins a search for her long-lost parents, and everyone learns a few things about the real meaning of family along the way.



#### AUGUST 19 - ZOOTOPIA

PG | 108min | Animation, Adventure, Comedy  
Walt Disney Pictures | 2016

In a city of anthropomorphic animals, a rookie bunny cop and a cynical con artist fox must work together to uncover a conspiracy.



#### AUGUST 26 - STORKS

PG | 89 min | Animation, Adventure, Comedy  
Warner Bros. | 2016

A stork and his human pal must team up to transport a baby girl to her expectant family, despite the fact that storks now work as couriers for an Internet merchant after getting out of the baby-delivery business.

Check online for the full updated listing of Summer 2017 Starlight Cinema drive-in movies! [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance)

Starlight Cinema is presented in partnership with the Friends of Starlight Cinema and generous support from the following sponsors. Supervisor Smith's office proudly sponsors one movie night this summer.



The summer concert series is made possible through corporate and private donations. To donate, visit [www.fairfaxparkfoundation.org/projects](http://www.fairfaxparkfoundation.org/projects)



Subscribe to Concert E-News



Shows are canceled due to inclement weather. Call 703-324-SHOW (7469) one hour prior to the start of the show for updates.

[www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance)



## Sales Tax Holiday, August 4-6: Save on School Supplies, Clothes & Emergency Items

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It is almost back-to-school time, and this weekend is the best opportunity to save some money while you shop.

**From August 4-6, you will not pay state sales tax on many items,** including a portable generator (under \$1,000), a dishwasher with an Energy Star label (under \$2,500) or a long list of school supplies, clothing and footwear.

This annual three-day sales tax holiday is for qualifying items in these categories:

- School supplies, clothing and footwear
- Hurricane and emergency preparedness supplies
- Items with Energy Star and WaterSense labels

The [August 4-6 sales tax holiday](#) includes qualifying items purchased in **stores, online, by mail, or over the phone**. This is a statewide tax holiday, but we want you to shop right here in our county!

## **School Supplies, Clothing and Footwear:**

In time for back-to-school shopping, most **school supplies under \$20**, as well as many **clothes under \$100**, qualify for the sales tax exemption. A few items on the list include:

- Binders
- Bookbags
- Boots and shoes
- Coats
- Calculators
- Flash drives
- Pencils and pens
- Lunch boxes
- Socks
- Sheet music

[List of What Qualifies \(Page 18\)](#)

## **Hurricane and Emergency Preparedness Supplies:**

We are in hurricane season through November (and an emergency can strike at any time), so this is also a good time to stock up on emergency preparedness supplies. **Qualifying items are in different price categories so carefully check the state's list** below. You will not pay sales tax on many of these items during the sales tax holiday:

- Flashlights
- Batteries
- Cell phone chargers

- Bungee cords
- Tarps
- Weather radios
- Power generators (Check qualifying price range)
- Chain saws and accessories (Check qualifying price ranges)

### [List of What Qualifies \(Page 16\)](#)

#### **Items With Energy Star or WaterSense Labels:**

Need a new air conditioner or washing machine? The sales tax holiday includes qualifying items carrying either the Energy Star or WaterSense label that cost \$2,500 or less (and purchased for noncommercial home or personal use). Some items on this list include:

- Light bulbs
- Ceiling fans
- Dishwashers
- Bathroom sink faucets
- Toilets
- Landscape irrigation controllers

### [List of What Qualifies \(Page 23\)](#)

# Workhouse BrewFest on August 12, 2017

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It is not too late to buy early bird tickets for the second annual [Workhouse Brewfest](#) on August 12, 2017, from 1:00 to 8:00 p.m.

You can purchase discounted tickets starting at \$40 until Tuesday, August 8, and prices increase after this date.

The festival, which takes place at the Workhouse Arts Center in Lorton, will feature:

- **15 Virginia craft breweries**, including ones located in Fairfax County
- **5 distilleries**
- 1 cidery
- **12 bands**
- Local food trucks
- Lawn games
- **Art for sale** at the center's studios and galleries, including **commemorative growlers and beer steins handmade by Workhouse ceramic artists.**

Brewfest is one of many cultural and arts events offered by the Workhouse Arts Center. The event is helping to stimulate arts and culture tourism to the [recently created NOVA Arts District](#) that encompasses the Workhouse, Occoquan Regional Park, and Town of Occoquan.

Located at 9601 Ox Road, Lorton, VA on 55 acres once occupied by the historic Lorton Workhouse prison, the Workhouse Arts Center is a vibrant community of visual artists, performing artists, and arts educators working together to serve over 100,000 visitors annually from communities throughout Fairfax County and the greater Northern Virginia region.

**For more information, and to purchase tickets, please visit:**

<http://workhousebrewfest.org/>.



## Heroin & Opioid Addiction in Our Community



An epidemic of addiction to heroin and opioids has gripped the nation, including our community. Overdoses and deaths are skyrocketing. By knowing the signs of opiate addiction and how to get help for yourself or loved ones, you can save lives.

Help is here, 24/7. If emergency is immediately life-threatening, call 911.

CSB Emergency Services at Merrifield Center (8221 Willow Oaks Corporate Drive in Fairfax) – Available 24/7. You can come in directly or call first. 703-573-5679.



## **6 Reasons to Dispose of Meds & 5 Ways to Do It Safely**

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**The Fairfax County Health Department advises that there are six good reasons to safely dispose of your unused medications:**

1. Unused prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse.
2. The majority of teenagers abusing prescription drugs get them from family and friends—and the home medicine cabinet.
3. Pharmaceutical drugs can be just as dangerous as street drugs when taken without a prescription or a doctor's supervision.
4. The nonmedical use of prescription drugs ranks second only to marijuana as the most common form of drug abuse in America.
5. Unused prescription drugs thrown in the trash can be retrieved and abused or illegally sold.
6. Flushing unused drugs in the toilet contaminates the water supply. Proper disposal of unused drugs saves lives and protects the environment.

**The American Pharmacists Association urges you to follow these five steps for safely disposing medications:**

1. Keep the medicines in their original container. This will help identify the contents if they are accidentally ingested.
2. Cross out your name and prescription number for safety.
3. For pills: Add some salt water to start dissolving them. For liquids: Add something inedible like cat litter, dirt or ash.
4. Seal the container and secure with duct or packing tape.
5. Put the container in the trash as close to pickup time as possible. Do not put in the recycle bin.

To find information on this and other public health concerns including preventing tick and mosquito bites and food safety, go to the Health Department page at [www.fairfaxcounty.gov/hd](http://www.fairfaxcounty.gov/hd).

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# Don't Wait – Check The Date!

Did you know that smoke alarms have a retirement date? They do and if your smoke alarms are ten years of age or older they need to be replaced.

Below is some great information from our partners in safety at the [United States Fire Administration](#) and the [National Fire Protection Association](#). Please take a moment to check the manufacture date on your smoke alarms TODAY!

**Don't Wait – Check the Date!**  
Replace Smoke Alarms Every 10 Years

**Fire Prevention Week Oct. 9-15, 2016** Age matters when it comes to your smoke alarms. Check the manufacture dates on your smoke alarms today!

- 1** Remove the smoke alarm from the wall or ceiling.
- 2** Look at the back of the alarm for the date of manufacture.
- 3** Smoke alarms should be replaced 10 years from the date of manufacture.
- 4** Put the alarm back on the ceiling or wall if it is less than 10 years old.

# Boating Safety Tips

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As we enter the dog days of summer, our Marine Patrol Unit has some great tips and safety recommendations if you plan to enjoy the local waterways:

1. Wear a life jacket. There is not a case of a water-related death in this area where a life jacket was worn.
2. Have a plan for emergencies and be sure to tell someone not going with you about your plans. Bring plenty of water, snacks, cell phone, and a VHF radio (they monitor channel 16) with you and know how to use it if in distress.
3. Be sure your boat is sea-worthy before attempting to put it in the water. Too many people get stuck with bad gas, dead batteries, etc.
4. Be sure to have the basic requirements for your boat! EVERY operator no matter the age is now required to have taken a boater safety course and must have proof. Each vessel (depending on size) is required to have a life jacket (that fits) for every person, a fire extinguisher, horn/whistle/bell, and a life preserver. There are other requirements depending on the size/usage of you boat as well.
5. Last but not least, they take boating while intoxicated just as seriously as if you were driving a car. It is against the law and can get someone

seriously hurt, or worse, killed. Please use your best judgment and do not operate your boat while intoxicated.

Did you know our Marine Patrol Unit covers all of the inlets from the Occoquan to the Woodrow Wilson Bridge on the Potomac River? This is around 80 miles of shoreline. Plus they are responsible for coverage of the 17 lakes in Fairfax County.

They are the only full time unit in Northern Virginia and regularly assist boaters outside of Fairfax waterways. Finally, they train with most of the surrounding jurisdictions and have worked multiple cases with them over the years.

Our Marine Patrol Unit wants everyone to enjoy the water this summer and have fun, but do so in a safe manner.

# Metropolitan Washington Council of Governments: Visualize 2045 Survey

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## **Survey deadline extended to August 21!**

The Metropolitan Washington Council of Governments (MWCOC) is gathering input for Visualize 2045. What issues most affect your daily travel? What would make your experience better? Your answers will help inform discussions among elected leaders and regional planners about the planning and funding decisions we should be making to improve the region's transportation future. They will be attending more events and engaging more community groups to make sure they are hearing from as diverse a group of people as possible.

[Take or share the Visualize 2045 survey now!](#)

[Get the full list of events](#)



# Northern Virginia Senior Olympics

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Registration for the 2017 Northern Virginia Senior Olympics (NVSO) is now open.

The NVSO includes about 70 events that exercise the mind as well as the body. To qualify for the Olympics participants must turn 50 by December 31, 2017.

Participants can register online at [www.nvso.us](http://www.nvso.us) or can register via mail with paper registrations that are available at most county recreation and senior centers. Registrations can also be downloaded at [www.nvso.us](http://www.nvso.us).

**Deadline for online NVSO registration is September 2.** All paper registrations must be postmarked by August 26. The games are scheduled to commence Saturday, September 9 and conclude September 20.

The NVSO is celebrating its 35th anniversary this fall. The games began in 1982 with about 80 persons competing. In 2016 more than 900 Northern Virginians took part. The NVSO is one of the largest annual seniors events in the region.

The NVSO's basic registration fee is \$13. A fee of \$1 is added for each event entered. Some events require additional fees including bowling \$10 (includes

lunch), cycling \$5 (to help cover the cost of traffic control and electronic timing), Golf \$65 (includes green fees, lunch, and cart), and orienteering \$5 (includes compass rental).

The NVSO is also seeking volunteers to help at its venues across Northern Virginia. Those interested in volunteering should contact RSVP Northern Virginia at 703-403-5360 or email RSVP at [rsvp@volunteerfairfax.org](mailto:rsvp@volunteerfairfax.org)

For a complete list of events and venues please visit [www.nvso.us](http://www.nvso.us) The NVSO is a joint project of the cities of Alexandria, Fairfax and Falls Church, and of the counties of Arlington, Fairfax, Fauquier, Loudoun, and Prince William.

# SHARE A HAIRCUT

AUGUST 1-15



Join Hair Cuttery in supporting children in need.

Together we can make a difference. For every kid's haircut (up to age 18) purchased between Tuesday, August 1st and Tuesday, August 15th, we'll donate a free haircut certificate to a child in need right in your community.

#ShareAHaircut  



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# Pet Preparedness

A significant number of families have pets and they're part of the family. They need to be ready for a disaster too; take simple steps now so they're prepared.

## How to Prepare Before a Disaster



Not all shelters will accept pets, plan in advance for shelter options that will work for both you and your pets.



Develop a buddy system with neighbors or friends to make sure that someone is available to care for your pets if you are unable to do so.



Assemble an emergency kit for your pet.



## What Goes in Your Pet Emergency Kit:



Food and water (3 days) bowls, manual can opener



Medicines, medical records, and first aid kit



Collar with ID tag, harness, or leash (include backups)



Crate or pet carrier



A picture of you and your pet together



Important documents: registration & vaccination



Familiar items: favorite toys, treats, and bedding



Plastic bags/litter for cleaning up after your pet

## What to Do During a Disaster



Bring your pet inside immediately.



Separate dogs and cats. Anxiety may affect their behavior.



Feed them moist or canned food so they will need less water to drink.



Have extra newspapers, for sanitary reasons.



This information is only a portion of what you need to be prepared; for more information and resources, visit [Ready.gov](http://Ready.gov) and [FEMA.gov](http://FEMA.gov).



## Animal Shelter Corner



### Meet Lucky & Sparkles!

| Name     | Age          | Gender | Color     | Spayed/Neutered | Size   |
|----------|--------------|--------|-----------|-----------------|--------|
| Sparkles | 8 yrs 2 mths | Female | White/Tan | Yes             | Medium |
| Lucky    | 8 yrs 2 mths | Male   | White/Tan | Yes             | Medium |

Lucky and Sparkles love each other very much and would really like to start off their golden years side by side like they have been for the past 8 years! So the shelter looking for a special adopter willing to adopt both of these wonderful dogs. These adorable pups came from one of the shelter's rural rescue partners. They are both super friendly, LOVE people, and just revel in all the pets and scratches you're willing to give. They were a little nervous when they first got to the shelter, so they may need some time to adjust to new situations. But it won't take long for them to settle into their new role as your new best friends! What are you waiting for? Come see them! If you are interested in meeting Lucky & Sparkles, please email the animal shelter at [animalshelter@fairfaxcounty.gov](mailto:animalshelter@fairfaxcounty.gov).

# Volunteer Opportunity in Sully

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## English Conversation Group Facilitator (Centreville Regional Library)

Assists adults in improving their English skills through practice in a conversational small group setting.

### **Duties:**

Plans and leads small group activities and discussions for adults learning English. Provides opportunities for participants to practice English language skills. Reports attendance to library staff and keeps library staff informed of any issues. Reports volunteer hours promptly and accurately.

### **Qualifications:**

Fluent in the English language. Strong verbal and written communication skills. Friendly, outgoing, and personable. Ability to talk effectively with speakers of other languages. Patience. Willingness to respond to specific needs of group participants.

**Minimum Age to Volunteer:** 18

**Time Commitment:** You will be expected to volunteer one hour per week for one year.



**Location:**

14200 St. Germain Drive  
Centreville, VA 20121

**Contact:**

Jyoti Shirke

703-830-2223

[Jyoti.Shirke@fairfaxcounty.gov](mailto:Jyoti.Shirke@fairfaxcounty.gov)

<http://www.fairfaxcounty.gov/library/branches/ce/>